

Curiosity **H**onest **O**pinion **I**nformed **C**onsent **E**ngagement

Your experiences of CHOICE

CHOICE Education & Training

CHOICE Teams



Waitemata
District Health Board

Best Care for Everyone

Exercise

1. What does CHOICE mean to you?
2. What challenges have you or your team encountered in learning about or facilitating CHOICE?



Components of CHOICE

- Curiosity
- Risk and Possible Diagnoses
- Honest Opinion
- Joint Formulation
- Discuss Alternatives
- CHOICE Point
- Engagement

<http://capa.co.uk/CHOICE/CHOICE-components/>



Applying the Components

One Method

1. Set the Scene
2. Explore Concerns & Impact
3. Cover Risk & Screens
4. Explore Hopes & Strengths
5. Provide an Honest Opinion
6. Develop a Shared Understanding
7. Develop a Menu of Options
8. CHOICE Point
9. Form a Detailed Plan (including homework)



Key Questions for Discussion

1. How might we structure CHOICE to make it as helpful as possible?
2. What skill set do clinicians need to complete CHOICE appointments?
3. What are some helpful ways to introduce CHOICE to clinicians new to CAPA?
4. How can we best guide clinicians through a learning process?
5. How can we maintain all this over time?



Approaches to CHOICE

1. The “Standard” CHOICE appointment
2. The “Focused” CHOICE appointment e.g. ABT, E.D
3. The Family Therapy CHOICE appointment
4. The Infant CHOICE appointment



CHOICE Teams

Rationale for CHOICE Teams

Developments & Outcomes

What does this mean moving forward?



Morning Tea Break



Group Exercise

What, if any, are the CHOICE education/training needs in your team/service?

To what degree could these needs be met by a CHOICE training package made available nationally?

What would be most beneficial?
E-learning? Training delivered in-person by CHOICE champions? Something else?



Questions, thoughts, discussion.

End



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