

Ministry of Health update

CAPA day , 22nd Sept 2021

Choice and Partnership Approach; why do we support it...

Partnerships with young people and their whānau

Quality of the collaborative relationship shown over and over to be one of the key success factors in treatment of MH and substance related harm issues.

Do with rather than to ...

He Ara Oranga 2018

“What families want is guidance on how to deal with situations, how best to reinforce the goals being worked on at that point, the opportunity to work as part of the [mental health] team. (Family support person)”

“Whānau and community give lives meaning and provide a potential path back to wholeness.”

CAPA; multi national / pan cultural

- CAPA now a feature across many countries
- First International CAPA conference was held in Nova Scotia, Canada in May this year!
- Review of Kaupapa Māori and Pacific CAPA resources currently underway in partnership with Te Whare Marie and Health Pasifika/Porirua ICAMHS

**Critical thinking /organised focus on
what we do, with what we've got is
crucial in ICAMHS.**

(no kidding)

Access to ICAMHS over 10 years (+ 35%)

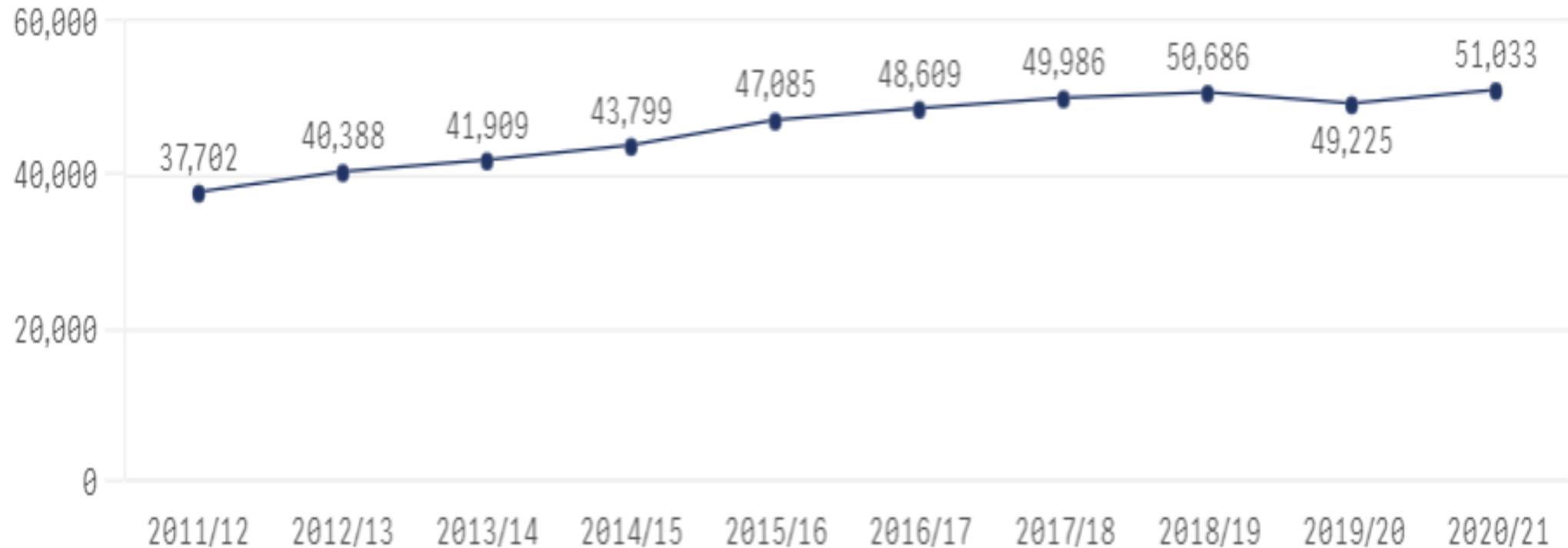


Figure 1: Children and adolescents accessing specialist mental health and addiction services

MH Crisis Emergency Department admissions over 10 years

clients seen

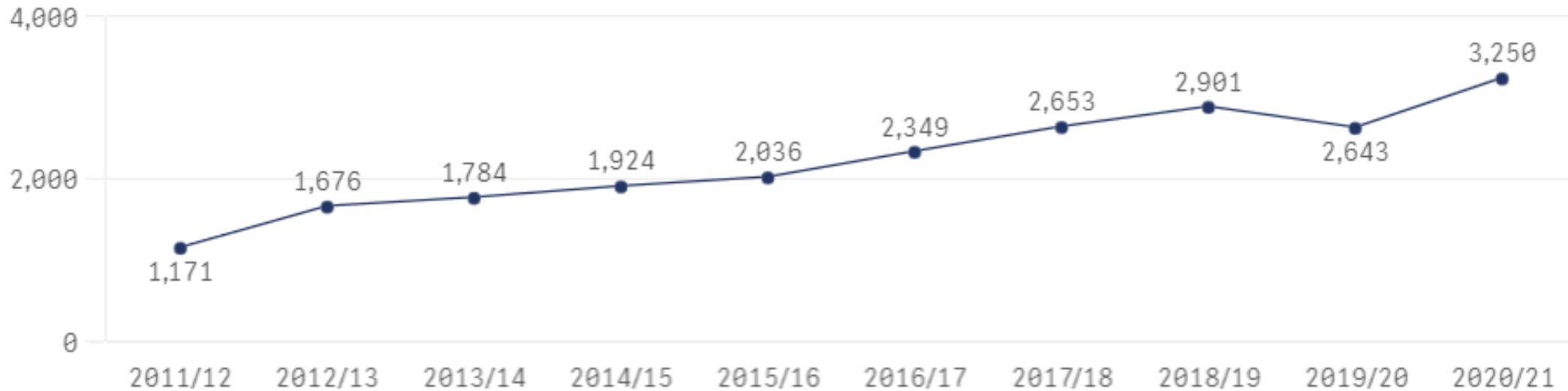


Figure 2: Children and adolescents seen for a mental health crisis in emergency departments

Something doesn't add up...

+35% access in 10 years

+25% funding in 10 years (NZ Inflation rate = 15.19%)

=



Credibility

Over the past ten years many ICAMHS have instituted service improvement initiatives centred around the Choice and Partnership Approach (CAPA). CAPA is a continuous improvement model that looks at the flow of people into and out of services, makes sure processes are efficient, and ensures treatment is matched to the family's goals. CAPA which provides a framework to manage access and wait-times.

+ MHA KPI

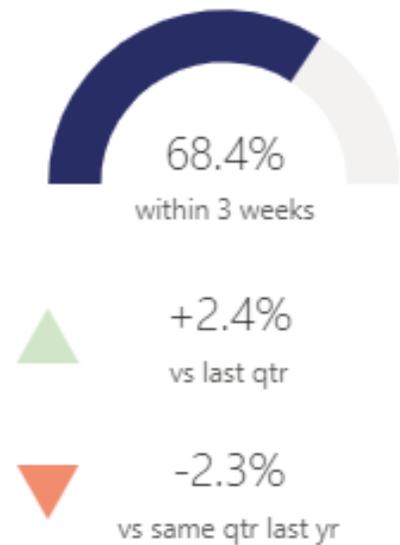
National quarterly dashboard



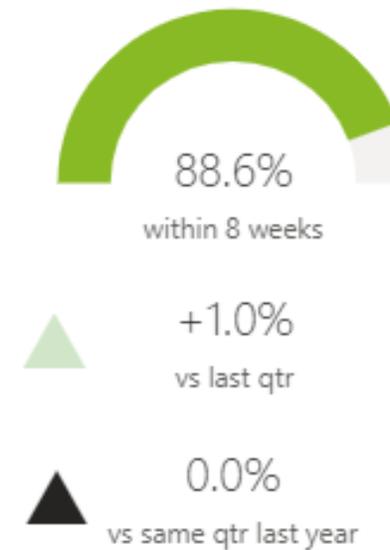
Wait times (first and third face to face contact) FY20/21, Q2 (Oct - Dec 2020)

Between Oct 1, 2020 and Dec 31, 2020, there were 8,865 service episodes started for tāngata whai ora under 20 years old, 6,287 of which had an in-scope activity recorded. Of these, 4,298 (68.4%) had a first in-scope activity within 21 days, and 5,573 (88.6%) had a first in-scope activity within 56 days.

Seen within 3 weeks (21 days)



Seen within 8 weeks (56 days)



Financial year quarter

FY20/21, Q2

Initial team type

All

Age group

Under 20



[What is an in-scope activity?](#)

[How are wait times calculated?](#)

[What is an initial team type?](#)



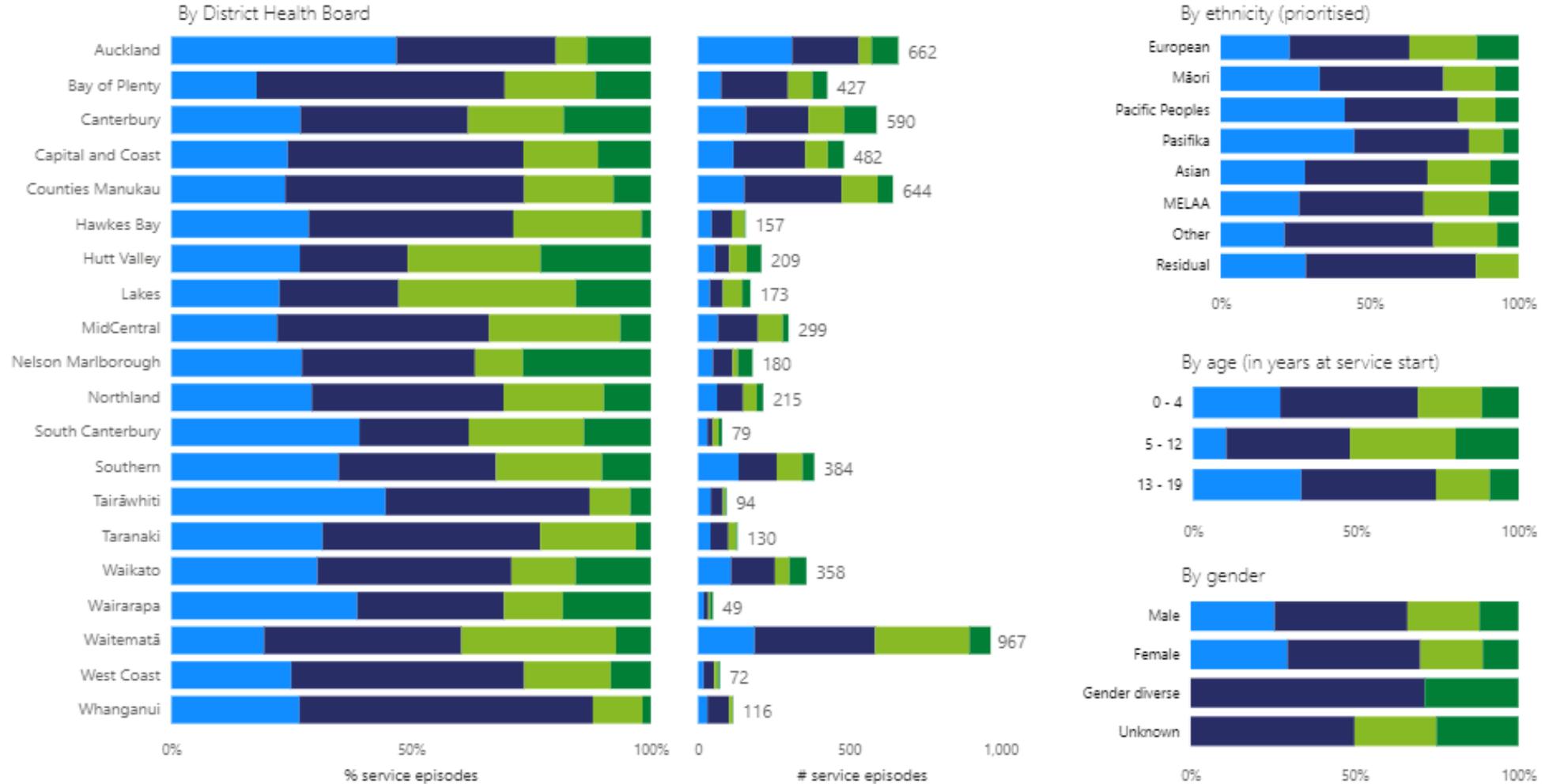
Data from the PRIMHD DataMart, provided by the Ministry of Health, last refreshed Aug 29, 2021

Wait to first in scope activity

Wait times to **first** in-scope activity

Hover mouse over bar for details

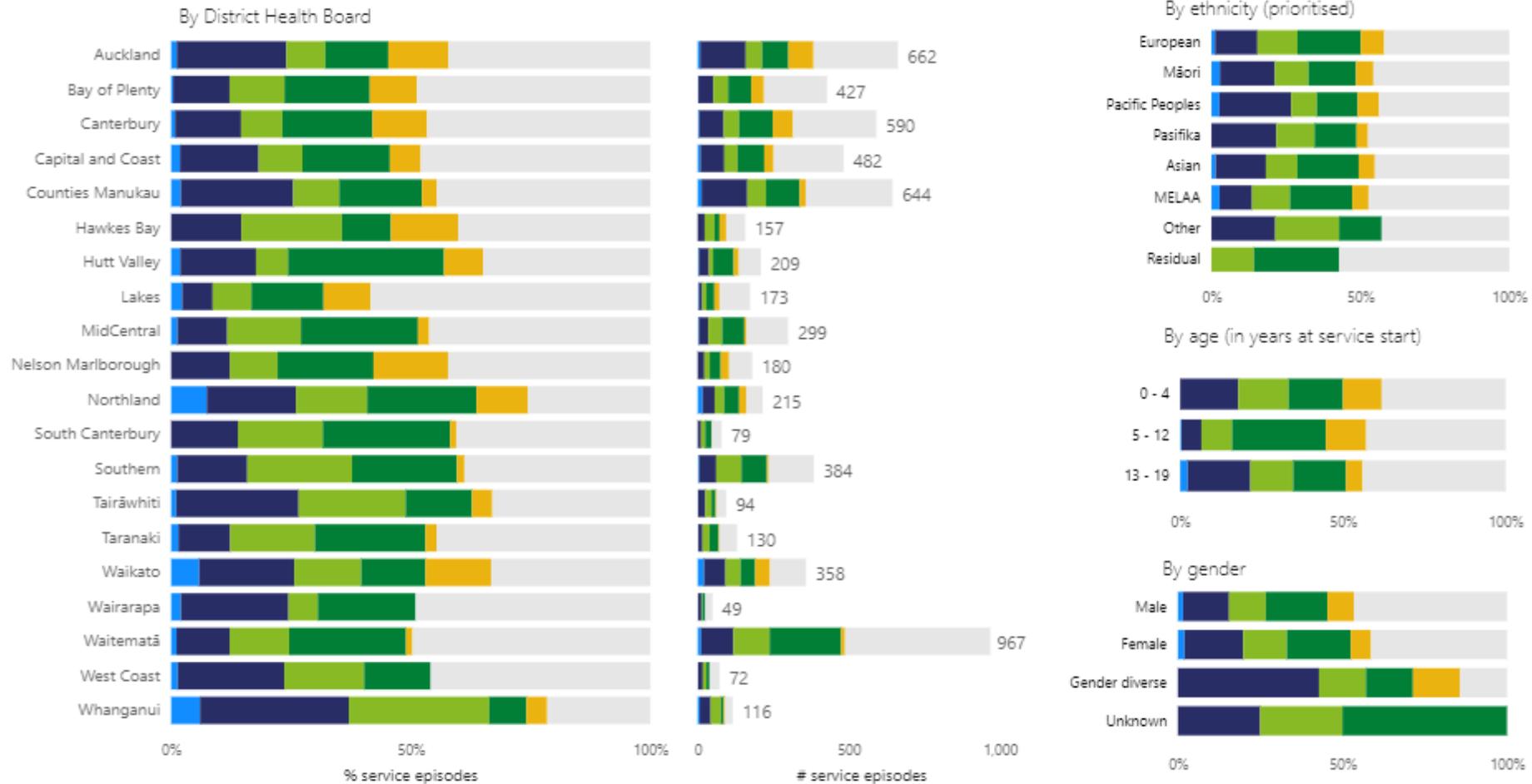
Wait time to 1st in-scope activity ● 0 days ● 1 - 21 days ● 22 - 56 days ● 57+ days



Wait to third in scope activity

Wait times to **third** in-scope activity (for all service episodes that had a 1st in-scope activity)

Hover mouse over bar for details **Wait time to 3rd in-scope activity** ● 0 days ● 1 - 21 days ● 22 - 56 days ● 57+ days ● Open, no in-scope activity ● Closed, no in-scope activity





Nelson Marlborough DHB waiting times project

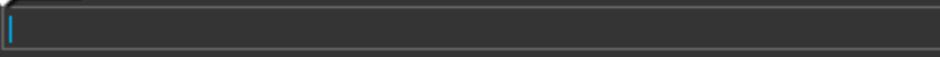
from KPI Programme



<https://www.mhakpi.health.nz/resources/>



05:24



vimeo

Update on our work programme

- *He Ara Oranga* and the transformation called for in the Government's response forms the basis of our work programme.
- The work programme spans a number of areas and significant progress has been made:
 - significant strategy and policy programmes (incl. the development of a long-term pathway for transformation (**Kia Manawanui Aotearoa: Long-term pathway to mental wellbeing**) and work to repeal and replace the Mental Health Act
 - a substantial and growing investment programme (incl. Budget 2019 investment of ~\$1.1 billion in Vote Health for mental health and addiction services and facilities)
 - ongoing engagement with the sector to support continuous delivery and improvement of mental health and addiction services and initiatives (incl. the development of a **Mental Health and Addiction System and Service Framework**).

Kia Manawanui Aotearoa: Long-term pathway to mental wellbeing

- The pathway builds on *Kia Kaha* and outlines the strategic direction and system-level actions needed to achieve the transformation of New Zealand's approach to mental wellbeing called for in *He Ara Oranga*.
- It includes national-level all of government actions over the short, medium and long-term.
- Significant sector engagement earlier this year on the development of the long-term pathway, as part of our ongoing conversations about transforming New Zealand's approach to mental health and addiction.

- Launching today!

<https://www.health.govt.nz/our-work/mental-health-and-addiction>

SYSTEM AND SERVICES FRAMEWORK

Will identify the core components of a contemporary Mental Health & Substance Related Harm system in Aotearoa New Zealand and set the expectations for what is planned, commissioned, delivered and monitored locally, regionally and nationally.

The scope of the Framework will encompass primary, community, and specialist Mental Health & Substance Related Harm services

The Framework will be developed alongside the MH & SRH component of the NZ Health Plan being developed by the Transitions/Implementation Unit, with shared governance over both pieces of work.

Timeline:

- Online targeted engagement to inform the S&S F is planned for October 2021
- Wider consultation will take place during late 2021 or early 2022.

An opportunity to refocus on more whanau inclusive approaches



MINISTRY OF
HEALTH

MANATŪ HAUORA