

## **Incredible Years Specialist Service:**

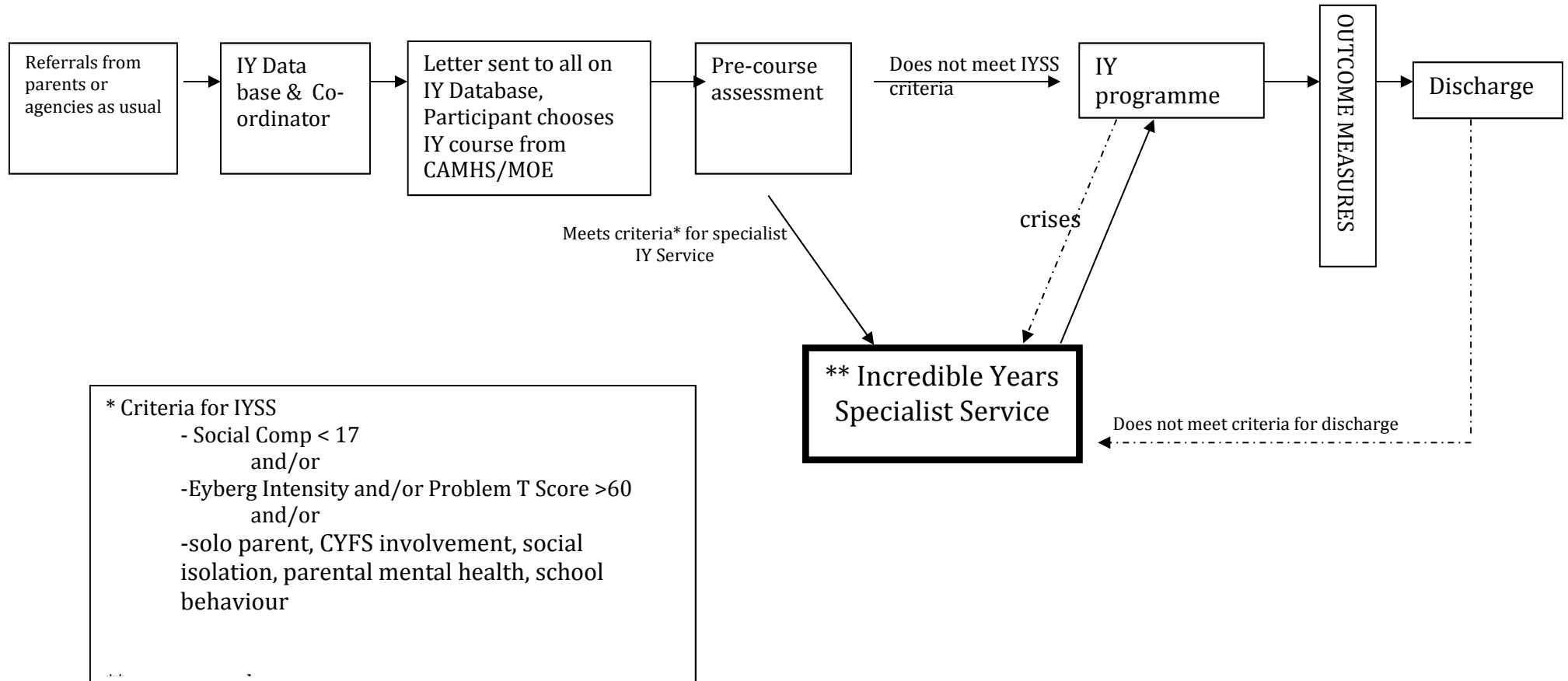
### **Eligibility:**

- Parents/Caregiver enrolled in an IY programme with MOE contracts or MOH
- Parents/caregivers of children 3-7 years (under 8 years) for MOE , 2 – 12 years for iCAMHs who have children in their care regularly
- Pre course data meets criteria:
  - Scores on Eyberg Child Behaviour Inventory >T=60
  - Scores on Child Social Competency <17
  - Other risk factors: e.g. solo parent, CYFS involvement, social isolation, parental mental health, school behaviour

### **Expectation of Service:**

- IY group leaders meet with IYSS facilitators within first 2 weeks of the course to identify families who meet criteria for IYSS
- IY group leader contact families to offer IYSS
- IYSS make contact with families who accept IYSS to arrange first appointment.
- Service is designed to
  - Support families to implement IY parenting strategies in the home
  - Review understanding of IY principles
  - Support parents to personalize strategies for their child
  - Set realistic goals for implementing IY strategies
  - Identify and address barriers to implementation
  - Make appropriate referrals to community agencies
  - Limited (6-10) sessions while attending Incredible Years

## Pathway I: Incredible Years and IYSS Pathway MOE and CAMHS



## Pathway II: Incredible Years and IYSS Pathway MOE/SE and CAMHS

