

# Engaging with Pasifika Families



# Presentation format:

- Pasifika Language (Vowels)
- Pacific peoples in NZ
- Fonofale Model
- Faiumu Model

# Pasifika Vowels

- **Aa Ee Ii Oo Uu**







**Now, lets practice....**

**Talofa lava (Samoa)**

**Malo e lelei (Tonga)**

**Kia Orana (Cook Is)**

**Fakaalofa lahi atu**

**(Niue)**

**Ni sa bula (Fiji)**

**Malo ni (Tokelau)**

**Kia Ora (Maori)**

# Pacific Islands

## THE PACIFIC ISLANDS



# Pacific Profile in NZ

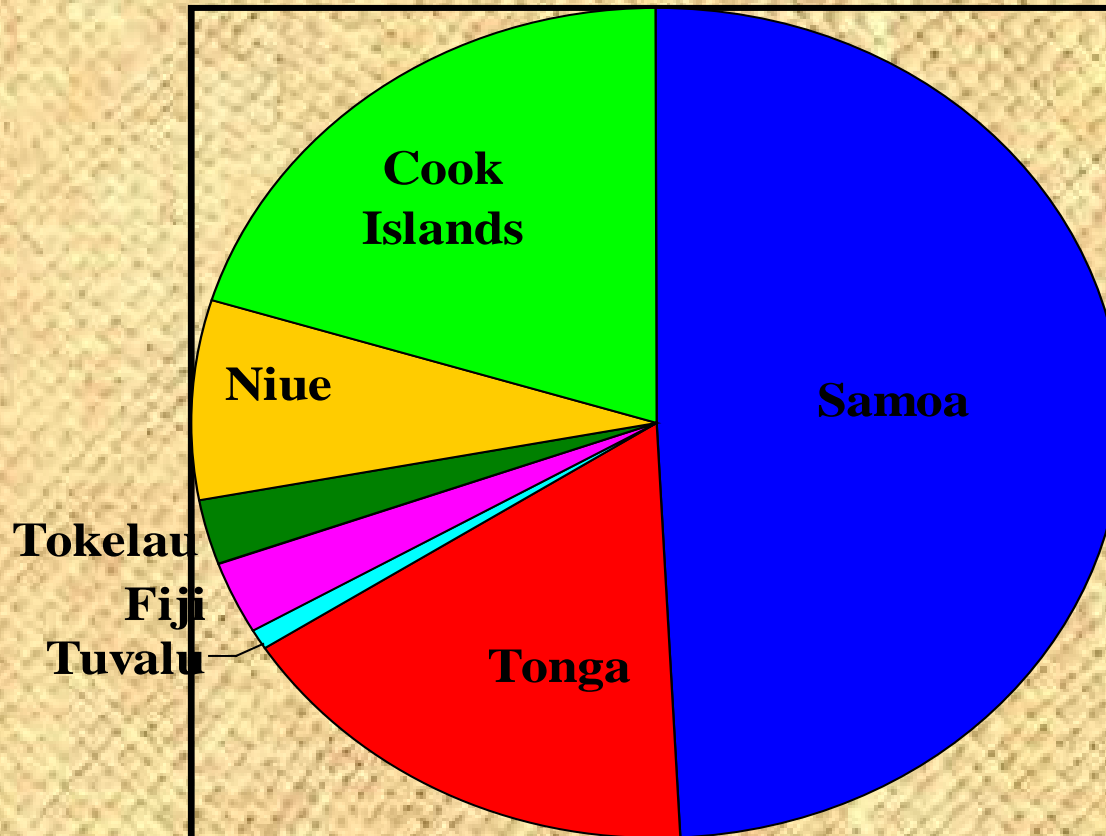
- The majority of Pacific peoples in New Zealand are under 25 years at 55%, compared to 34% of New Zealanders under 25 years.
- Most Pacific peoples live in Auckland 66%.
- Most Pacific peoples are Christians.

Ref: Ministry of Education; Ministry of Pacific Peoples; NZ Health Survey 2014/2015; NZ Population Census 2013



# Pacific Profile in NZ

- 6.5% of the total population
- 58% are born in NZ



# Pacific 0 -19 years Population

**NORTHERN REGION = 72%**

**Manukau = 54%**

**Auckland = 26%**

**Waitemata = 19%**



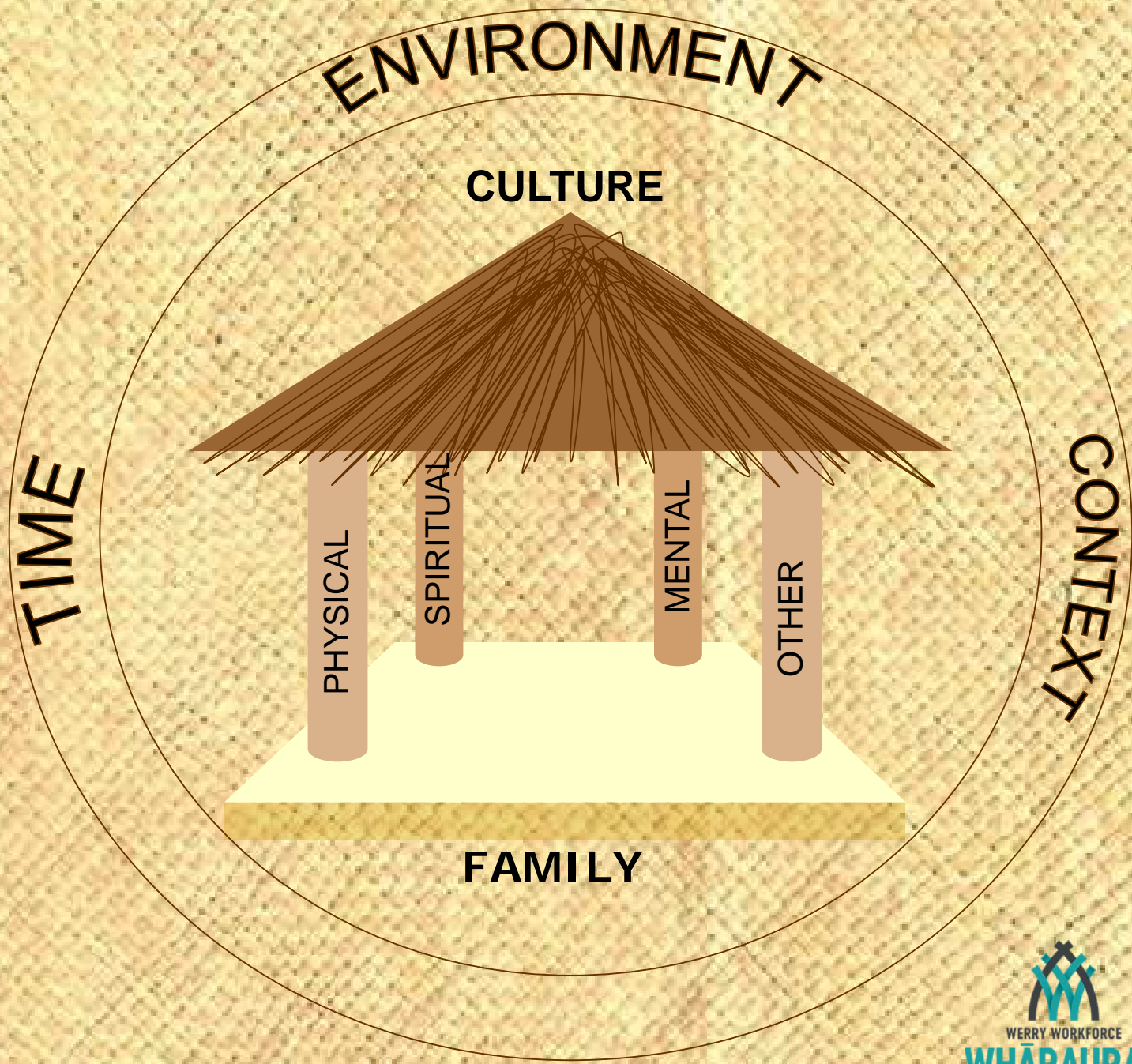
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# The Fonofale Model





# **A Holistic Approach**

**“Mental health...is a state of balance within a person and between a person and the environment.**

**Physical, psychological, social, cultural, spiritual and other interrelated factors participate in producing this balance.”**

**[WHO, 2006]**



# Faiumu Model

- A Pacific Ethnic Response from the Niue Community\*
- **FAIUMU** – Niue Ground Oven
- **Nga Vaka O Kainga Tapu** (1 of 8 Pacific conceptual frameworks for community responses to Family Violence).

\*Pasifika Proud, MSD, 2010



# Faiumu model acronym

**F** = First engagement

**A** = Assessment

**I** = Identify needs, risk and solutions

**U** = Understand process, protocols,  
NZ legislations

**M** = Meaningful engagement

**U** = Unifying the family.



***"I am not an individual,  
I am an integral part of the cosmos.  
I share divinity with my ancestors, the  
land, the seas and the skies.  
I am not an individual because  
I share a tofi with my family, my village,  
my nation.  
I belong to my family and my family  
belongs to me.  
I belong to my village and my village  
belongs to me.  
I belong to my nation and my nation  
belongs to me.  
This is the essence of my sense of  
belonging."***

**Tui Atua Tupua Tamasese, 1997**





# **FA'AFETAI LAVA FAKAUE LAHI**

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