



Supporting Parents Healthy Children

Champions Day:
28th October 2016

How this presentation will look:

- Context of team
 - And team environment
- Personal journey
- Where we are at now
- Reflection
- Where to from here

This is the team:



Context of Team: (my basis)

When fully staffed

- 8.3 nurses + 3.3 doctors + 3 admin + 2 clinical psychologist + 2 occupational therapist & 1 social worker.
- Functional
- Established



Area:

- Population 2013 97 008
- Current client numbers: 357
- Established 1993 –
 - Deinstitutionalization
 - “New” Mental Health Act
 - Cultural identity
- Wide income range (taken from election data)
- Current number who are parents?
 - Smoking YES
 - Parenting NO

The Journey to supporting parents:

- I'm not special



The journey to supporting parents:

- A client and their family



The Journey to supporting parents:

- A peer review



The Journey to supporting parents:

- Safety plan for children, that involved an NGO doing a referral to CAMHS
- Credit to CAMHS
 - Conversation/assessment/outcome
 - CAMHS support me to support parents to decrease impact of illness on parenting
 - Find the model—work the model--&

Attempting to incorporate: “Let’s Talk About the Children”

- Presented the model to team & other people
 - Presented to PCMHT
 - Team leaders
 - Regional Social Work Training
- FEEDBACK
 - “Another thing we will do badly” (from team—not social workers or team leader’s)
- However
 - 3 of team have started the online training:
 - Model has been implemented with about 10 families

Reflection:

- It's bloody hard implementing change from the ground up
 - Get support
 - For self
 - For change
 - Get training:
 - I need training on how to talk with clinicians in a way that has me ---complete the conversation
 - support them in training

Reflection:

- Create a ground swell:
 - Presented model to – whoever you can
 - Social worker
 - Team leader



- Family Therapy
- Family Intervention along-side individual program.

Where to from here:

- Has become a CASP project
 - Signed off by senior management
 - Team leader support
 - Clear goals
- GOALS:
 - Have 30% of case managers trained in “lets talk about the children
 - All parents to be offered conversation