



Te Pou o te
Whakaaro Nui



TE RAU ORA
Strengthening Māori Health and Well-Being



LeVa Matua Raki



Werry Workforce
WHĀRAURAU

Supporting Parents Healthy Children

Comparison of 2016 vs 2019 Family
Focused Practice Questionnaire results

Te Pou o te
Whakaaro Nui

This presentation

- The Family Focused Practice Questionnaire (FFPQ)
- Response to the survey
- Demographics of respondents
- Findings

- Want copies of this???

The FFPQ survey

- Developed in Australia
 - (Validated and verified)
- Part of international work on COPMIA
(Children of parents with mental illness or addiction)



The FFPQ survey



53 questions
across 18 domains



4 about practice
around Māori whānau



3 about practice
around Pasifika



10 demographic items

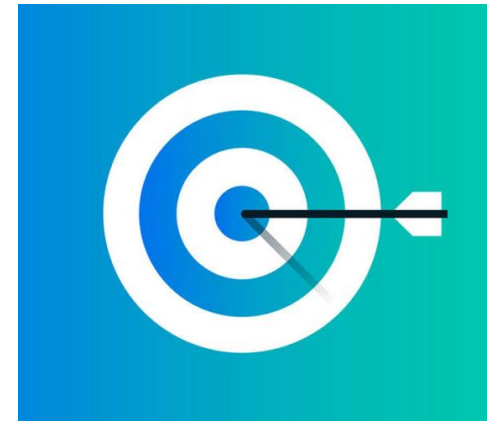
The FFPQ survey



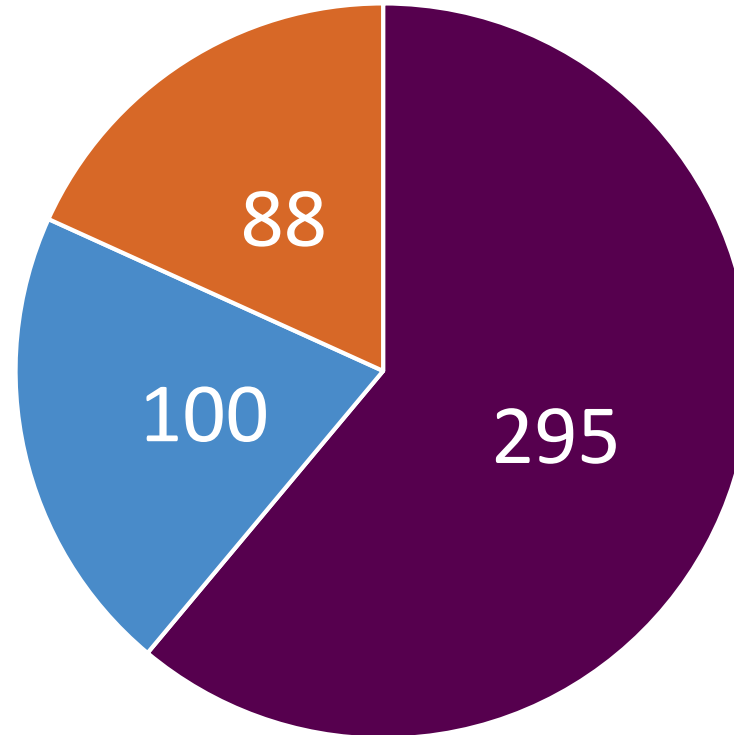
In 2019, added a question about
gambling harm

Why this survey matters

- This survey measures how well the **you** and your colleagues are meeting the **targets** set by the Ministry of Health for work with children whose parents experience mental health and addiction issues. This has **implications**.



Response to the survey



■ 2016 ■ Both years ■ 2019

Demographics of respondents in 2019

- All DHB districts represented
- 60% from DHBs, 40% NGOs
- 20% in Kaupapa Māori services
- 5% in Pasifika services



Demographics of respondents in 2019



- Main roles held -
 - Clinical (55%)
 - Management (19%)
 - Support worker (14%)
- Areas worked in
 - Adult mental health (56%)
 - Child/adolescent mental health (42%)
 - Addiction - adults (32%)
- Professions
 - Social worker (28%)
 - Nurse (25%)
 - Counsellor/Therapist (21%)

Demographics of respondents in 2019

- Ethnicity
 - NZ European (64%)
 - Māori (26%)
 - Pasifika (6%)
- Years in current role - good range
 - Less than 2 years (34%)
 - 6-10 years (14%)
- Years of experience
 - Over 10 years (55%)
 - Other lengths of experience (14-17%)



Findings - about “room to move”



We have less room to improve over time if we start with better results compared to if we had poorer results

Levels of statistical significance

“How likely will we have obtained the result we got by chance?”

I've used the images of Tui
and Kākāpō

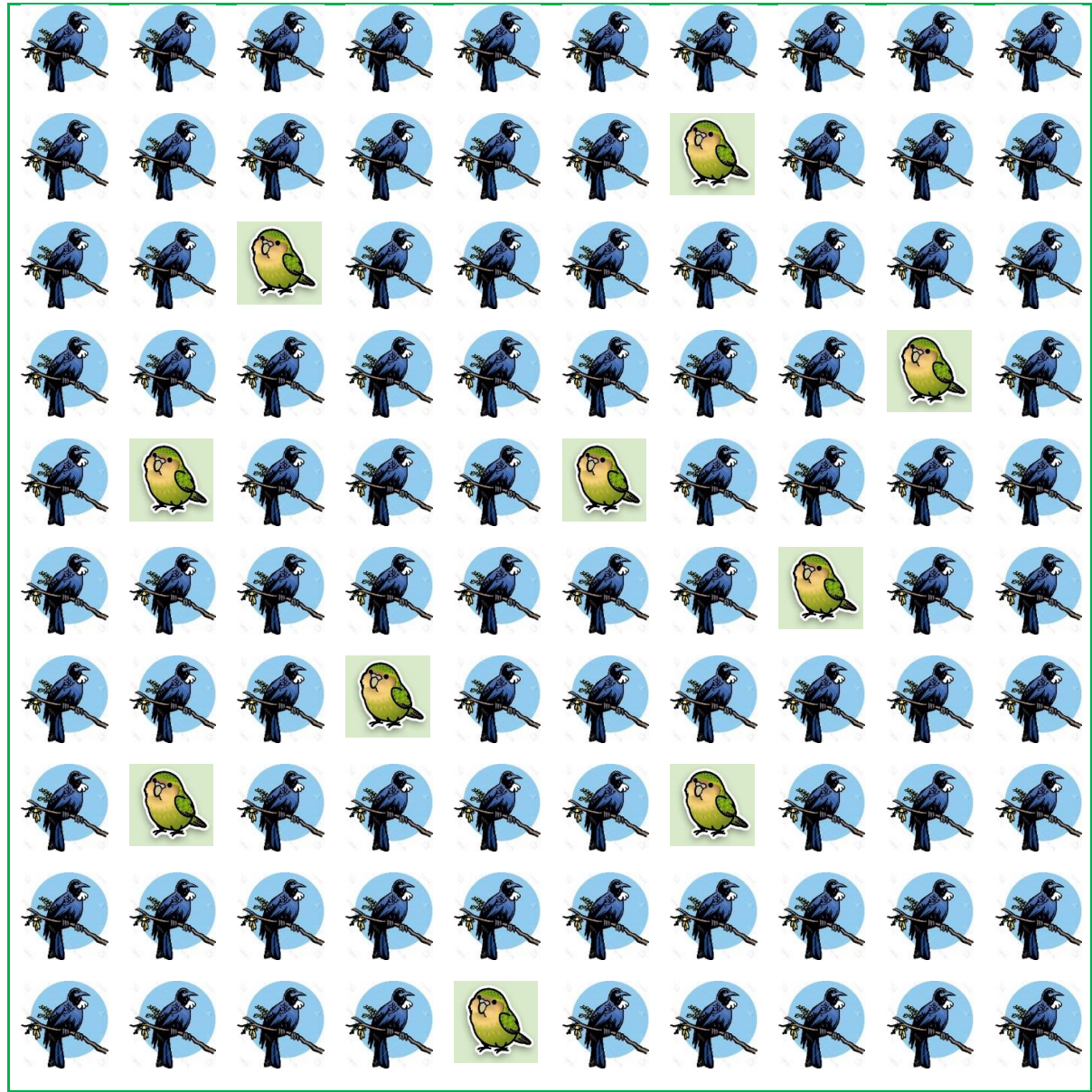


to demonstrate probabilities.



$$P = .10$$

*Probability of getting
these results by chance*



Domains where change was significant to .1%

- Co-worker support

- I often receive support from co-workers in regard to family/whānau focused practice
- In my workplace other workers/kaimahi encourage family/whānau-focused practice

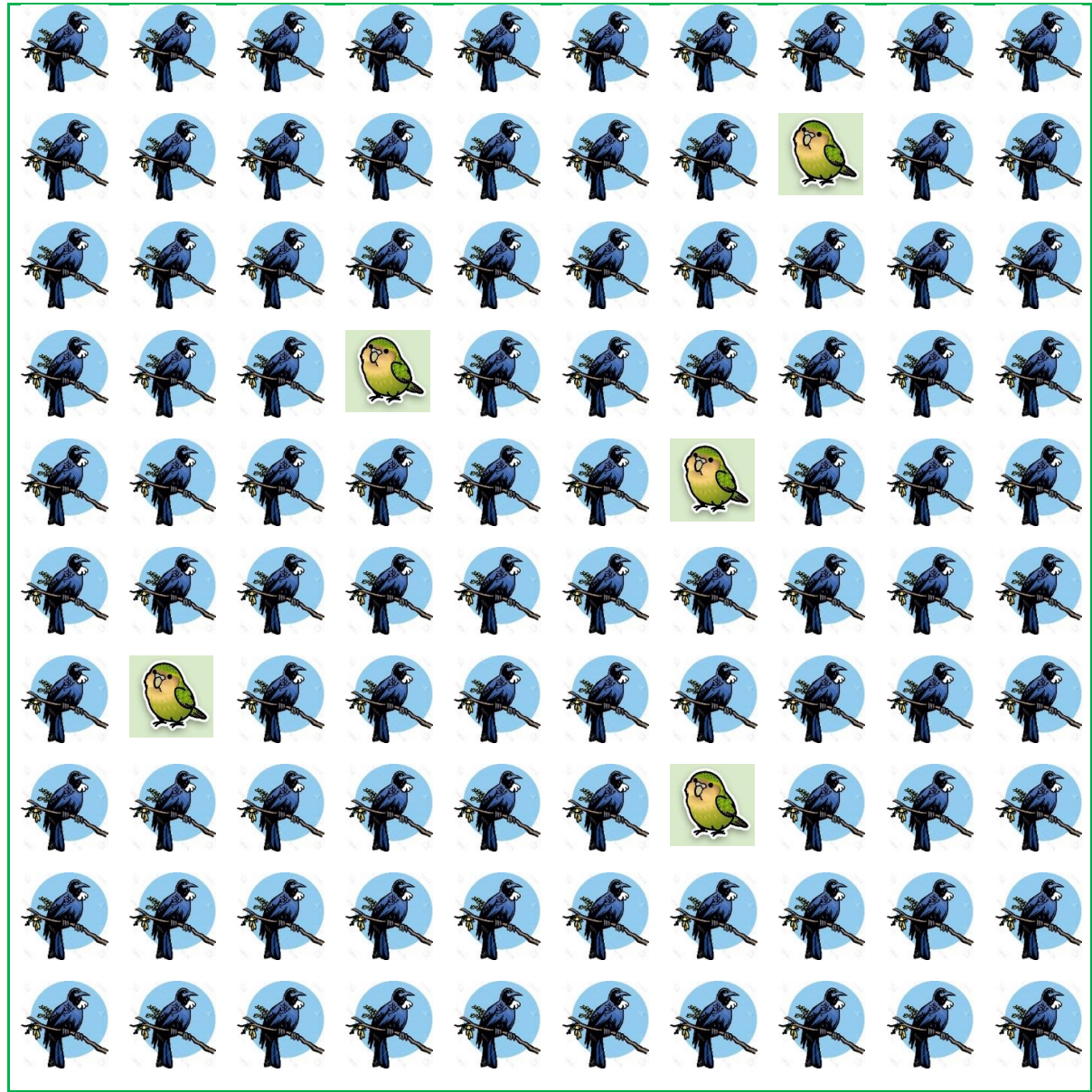
Domains where change was significant to .1%

- **Connectedness**

- I am able to determine the level of importance that consumer parents/mātua place on their children/tamariki maintaining attendance at day to day activities such as school and hobbies
- I am able to determine the level of importance that consumer parents/mātua place on their children/tamariki maintaining strong relationships with other family/whānau members
- I am able to determine the level of importance that consumer parents/mātua place on their children/tamariki maintaining strong relationships with others outside the family/whānau

P = .05

*Probability of getting
these results by chance*



Domains where change was significant to .05%

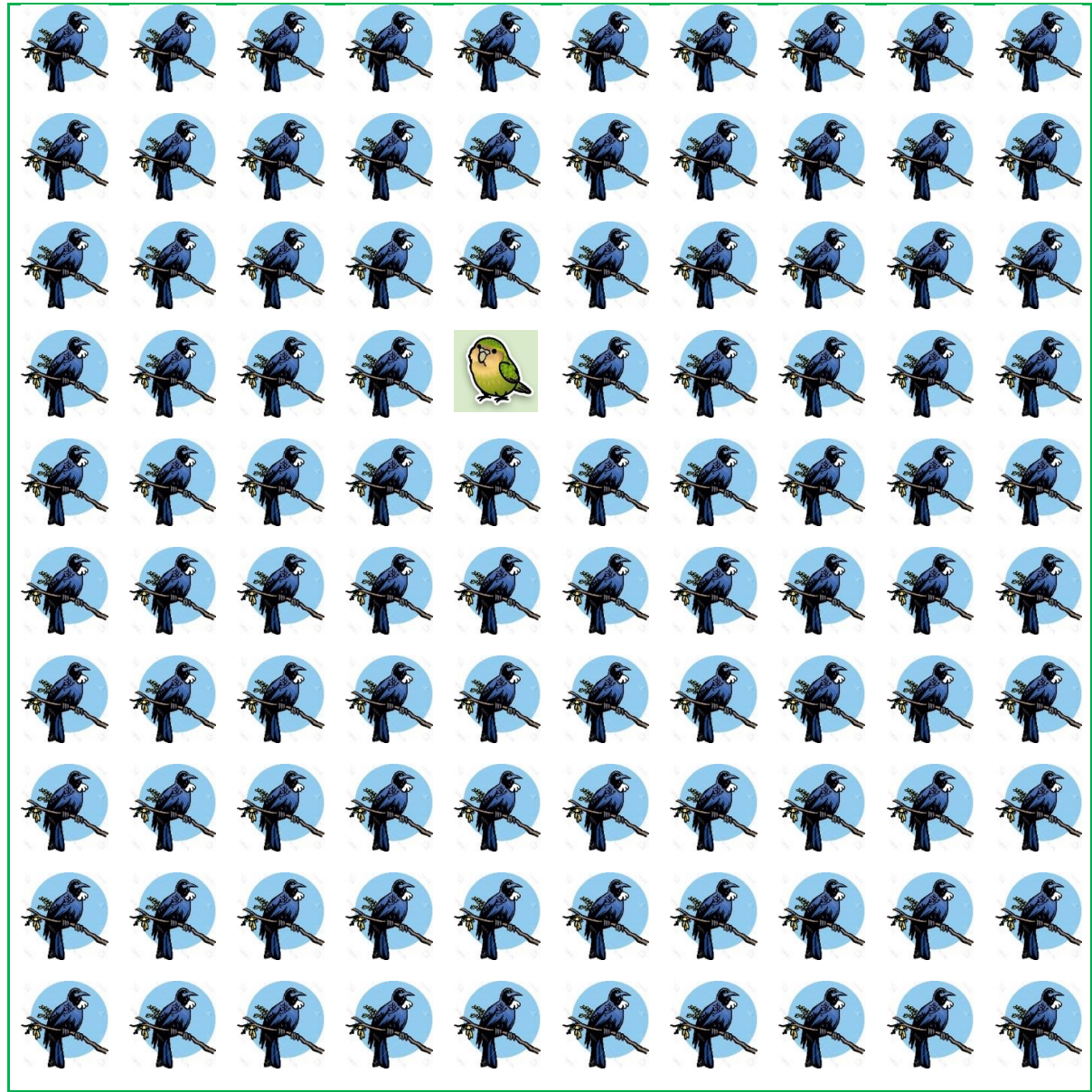
- **Skill and knowledge**
 - I am knowledgeable about how parental mental health and/or addiction impacts on children/tamariki and families/whānau
 - I have the skills to work with consumer parents/mātua about how parental mental health and/or addiction issues impact on children/tamariki and families/whānau
 - I am experienced in working with child/tamariki issues associated with parental/mātua mental health and/or addiction issues
 - I am skilled in working with consumer parents/mātua in relation to maintaining the wellbeing and resilience of their children/tamariki
 - I am knowledgeable about the key things that consumer parents/mātua could do to maintain the wellbeing (and resilience) of their children/tamariki

Domains where change was significant to .05%

- Worker confidence
 - I am confident working with consumer parents/mātua about their parenting skills
 - I am confident working with families/whānau of consumer parents/mātua

P = .01

*Probability of getting
these results by chance*



Domains where change was significant to .01%

- **Workplace support**

- My workplace provides supervision and/or mentoring to support workers/kaimahi undertaking child/tamariki-related work in regard to their consumers parents/mātua
- My workplace provides supervision and/or mentoring to support workers/kaimahi undertaking family/whānau-focused practices

- **Policy and procedures**

- Government policy regarding family/whānau focused practice is very clear
- At my workplace, policies and procedures for working with consumer parents/mātua on family/whānau issues are very clear

Domains where change was significant to .01%

- Family & parenting support

- I regularly have family/whānau meetings (not therapy) with consumer parents/mātua and their family/whānau
- I provide written material (e.g. education, information) about parenting to consumer parents/mātua
- I regularly provide information (including written materials) about mental health and addiction issues to the children/tamariki of consumer parents/mātua
- I often consider if referral to parent/mātua support program (or similar) is required by consumer parents/mātua
- I provide education sessions for adult family/whānau members (e.g. about the mental health and/or addiction issues, treatment).

Domains where change was significant to .01%

- Referrals
 - I refer children/tamariki of consumer parents/mātua to child focused (e.g. peer support) programs (other than child and adolescent mental health)
 - I refer consumer parents/mātua to parent-related programs
- No significant change in all 10 other domains
(whether positive or negative)

Māori-specific practice (4 questions)

- Significant positive change for combined questions (.1%)
- Confidence in speaking te reo Māori could be higher
- Knowledge of te ao Māori has a way to go
- More time needed to work with Māori whānau
- Reported high levels of competence working with Māori, but ...
- Indicates need for more training in this area

Pasifika-specific practice (3 questions)

- No significant change over time
- Need for more Pasifika on staff
- Pacific competency training needed - especially around family dynamics
- Little knowledge of what Pacific competency is

Want to know more?

- Copy of full report - 88 pages
- Copy of this PowerPoint (*with fabbo pics!*)

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Thank you!

To finish with, we notice that there has been a lot of improvement since 2016 and there is still some way to go, so keep up the good work! 😊

