

Supporting Parents Healthy Children

Northern Region



ADHB MH Services

Tu Tangata Tonu (TTT) is a team within CAMHS that works with whānau where there are parental MH issues. Started in 2009.

- Referrals from ADHB MH services
- Ongoing consultation with ADHB adult MH staff



NGO Ember

- Collaborative relationship with Tu Tangata Tonu in Family Service as part of contract with ADHB MHS since 2009.
- Ongoing regular meetings (planning, peer support) supervision in coordination with TTT
- Connect Supporting Recovery merged with Framework in July 2019



Where are we up to?

ADHB

- SPHC Steering group
- Family Safety Facilitators (25)
- Staff training/support

Ember

- Family & Whānau Liaison role to oversee SPHC implementation across whole organisation.
- SPHC training in co-ordination with TTT (*Ember Family Service staff*)
- Whānau connection internal training for all staff (*includes SPHC*)



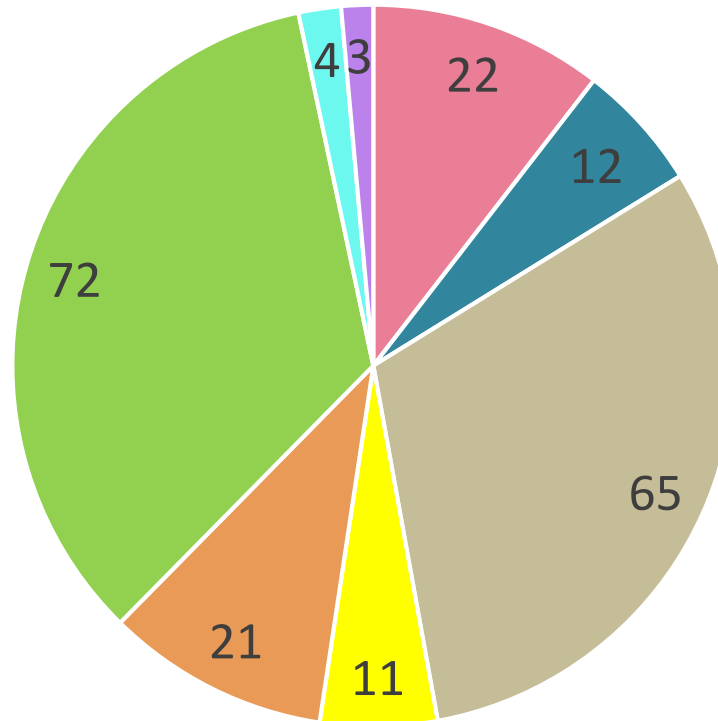
Where are we up to?

Resources/groups available to parents, children and whānau in ADHB?

- Connecting Kids group (CK): after school fortnight programme
- Kids Zone & Youth Zone (3 day school holiday programmes) 2 rounds per year (transport provided)
- Parenting Through Adversity (P.T.A.) group 9 sessions (2 groups per year)
- CSW support to parents
- CSW mentoring support to children
- Referrals to SFNZ
- All Kari Centre (CAMHS) groups & programs available for whanau under TTT



Demographics since September 2015



- Asian
- New Zealand European
- Pacific Peoples
- African
- Maori
- Other
- Unknown
- Middle Eastern



How are we measuring progress?

ADHB

- Monthly data collection of Parenting Question in Regional HCC forms
- Annual file audits on SPHC expectations
- Number of staff attending SPHC/SSFC training
- Targets to meet in MH Directorate KRAs
- Repeated site audit to assess on appropriateness for children

Ember

- Evaluation of parent, child and teen groups
- Service file audits include SPHC & family inclusion



What are your priorities moving forward & what support do you need?

SPHC approach implemented in day to day practice

1. Client file documents support for parents, children and whānau
2. Awareness and knowledge towards skills through training and supervision
3. Improved relationship with Oranga Tamariki
4. Increased funding FTE for EMBER contract with SPHC
5. Roll out staff training eg. Single Session Family Consultation

