

Supporting Parents Healthy Children

Northern Region



Odyssey

Odyssey is a not-for-profit organization that supports tāngata whai ora living with alcohol, other drug and gambling challenges. Odyssey has various support services including;

- Residential Services (Adult, Family Centre, and Co-Existing)
- Youth Services (Youth Residential, Youth Community, and Stand-Up!)
- Assessment and Continuing Care
- Drug Treatment Programmes
- Drug Court
- Peer Support



ODYSSEY
changing lives



Where are we up to?

We have a SPHC Steering Group with representatives from different services cross the organization.

Action Plan

With a focus on improving clinical processes and increasing responsiveness to tāngata whai ora as parents

- Improving environment/sites
- Service provision and processes
- Training
- Werry Workforce Whāraurau resources and training
- Review policies, pathways and data collection

How we are measuring progress

Two programmes developed in partnership with CMDHB:

Te Puawai Aroha (TPA)

- Aims to build resilience, increase resources and facilitate positive relationships within whanau.

Parent's Programme

- Progression throughout the Family Centre programme, engaging in parent-centred groups including Triple P, Incredible Years, Circle of Security, and involvement with other parenting services such as Family Start, Barnardos, etc.

How can we build on the progress we've made?

TPA Challenges

- TPA relies on receiving referrals from NGO and DHB services
 - Receiving referrals from organisations
 - Informing staff about TPA so they can refer their clients
 - DNAs to the programme

By building relationships!

- With organizations
 - Hui, promotional meetings, event days
- With clients
 - Making sure there is more than the 'required' contact

Reducing barriers between the referral/screening step and programme attendance



How can we build on the progress we've made?

- Continue building relationships with external parenting services such as Family Start, Barnados, CADS PPS, Oranga Tamariki, etc.
- Upskilling Family Centre staff
- Continue to provide resources to tāngata whai ora