# THE STOCKTAKE

# **2016 MĀORI SUMMARY**

New Zealand's youthful and growing Māori child and youth population experience greater socioeconomic deprivation, higher disengagement and greater mental health needs than the general population indicating increasing demand for services.

**12% GROWTH**Projected for 2026

#### What we know



- Significant improvements in emotional related symptoms at service discharge
- Early intervention & access to services are essential
- More likely to report barriers to healthcare access

### What we found



- Make up 32% of total clients
- 15% increase in access (2013-2015)
- Majority (67%) access DHB services
- Access rate 3.66% below the 6% recommended rate. Highest access rate of 4 ethnic groups

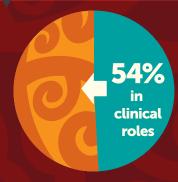
## What we need to do



- Intervene early (Primary Mental Health) & provide services in communities
- Reduce barriers to mental health services
- Develop services youth want to attend, especially 10-14yrs



- Difficulties accessing specialist training
- Limited funding for professional development & recruitment
- Few Māori professionals for recruitment
- Workforce dealing with increased service demand & complex cases



- Workforce negatively disproportional to clients
- Make up 18% of the workforce
- Over half (54%) in clinical roles
- 1% overall decrease but 5% increase in DHB services in clinical roles



- Increase workforce clinical and cultural competencies
- Actively recruit and retain the Māori workforce
- Improve access to specialist training
- Work innovatively and collaboratively

