THE STOCKTAKE

2016 PACIFIC SUMMARY

New Zealand's growing Pacific child and youth population experience greater socioeconomic deprivation, higher disengagement and greater mental health needs than the general population.

9% GROWTHProjected for 2026

What we know



What we found



What we need to do





- Early intervention & access to services are essential
- Significant improvements in emotional related symptoms at service discharge
- More likely to report barriers to healthcare access
- Language can be a key barrier



- 19% increase in access (2013-2015)
- Access rate 1.82% below the 3% recommended rate
- Make up 6% of total clients
- Majority (72%) access DHB services



- Reduce barriers
- Promote mental health and intervene early
- Provide services in communities
- Develop services youth want to attend, especially 10-14yrs
- Provide interpreter services



- Loss of senior Pacific staff due to promotions
- Few qualified Pacific professionals for recruitment
- Limited funding for service development & recruitment



- Clinical workforce negatively disproportional to Pacific clients
- 7% overall increase; 21% in clinical roles in DHB services only
- Make up 7% of total workforce
- Over half (57%) in clinical roles



- Work innovatively and collaboratively to share resources
- Increase workforce clinical and cultural competencies
- Actively recruit and retain the Pacific workforce

