

# Engaging with Young People

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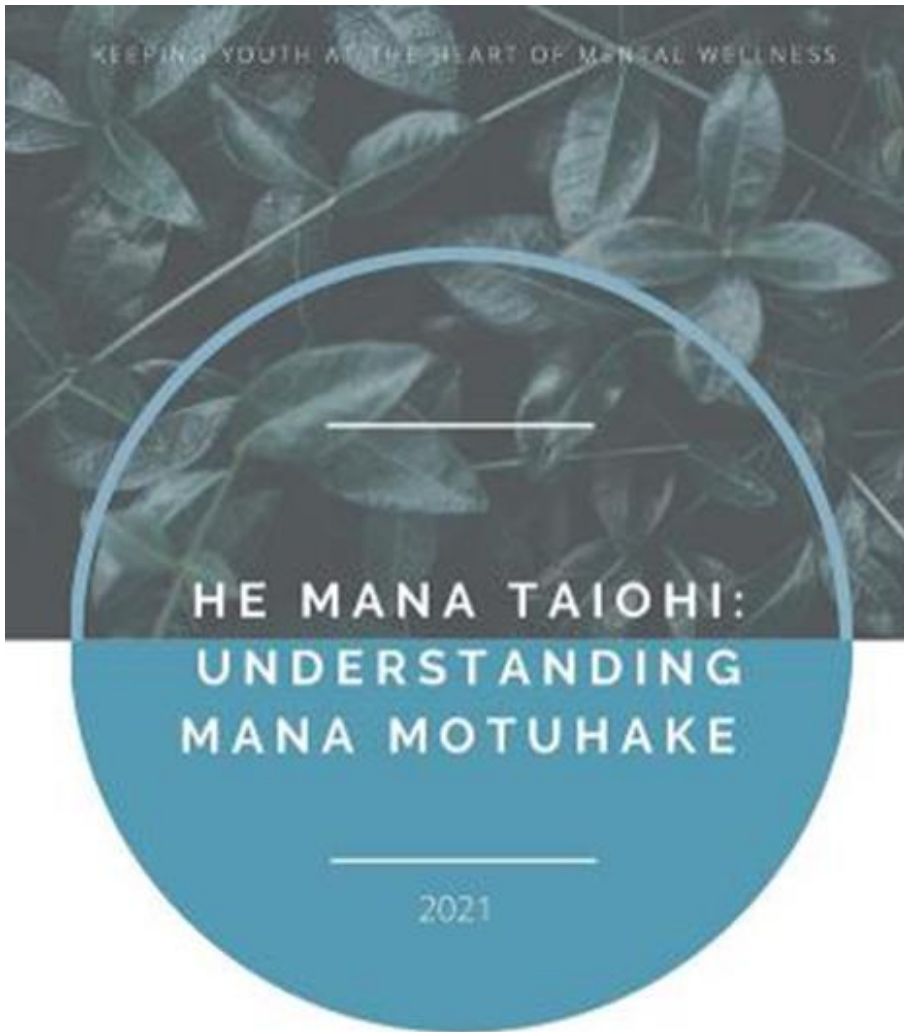
# Youth Advisory Team (YAT)



The Youth Advisory Team supports Whāraurau by bringing the perspective of young people

- Lived experience
- Youth perspective in services
- Consult with young people
- Advise the youth perspective to the wider sector





# #DMC 2021

- Series of workshops with rangatahi with lived experience of accessing services
- Experiences and vision of young people
- Expectations of the sector

During a DMC workshop, we cover:

- Whakawhanaungatanga
- Vision of wellbeing
- Young peoples' ideal service/clinician

What are the things that  
are important to young  
people?

# Gender Roles

- “We don’t owe it to you to demonstrate what our ideas of masculinity and femininity are”
- “Gender diverse people don’t owe ‘appropriate’ androgyny”
- Toxic masculinity and the effect on young men
- Pronouns

**What can services do to support this?**

# Social Media

- A genuine form on connection that contributes to wellbeing
- Hurtful and triggering content
- Engaging with services online

# Access to ongoing, affordable care

- Barriers and criteria for access
- Financial barriers
- Wait times

What do young people  
want when accessing  
services?



# Who is the 'ideal clinician'?

- Connection
- Embodies empathy, knowledge, authenticity and is non-judgmental
- Informed on youth culture and social media
- Culturally aware
- Listens to understand

How do we meaningfully  
engage with young  
people?



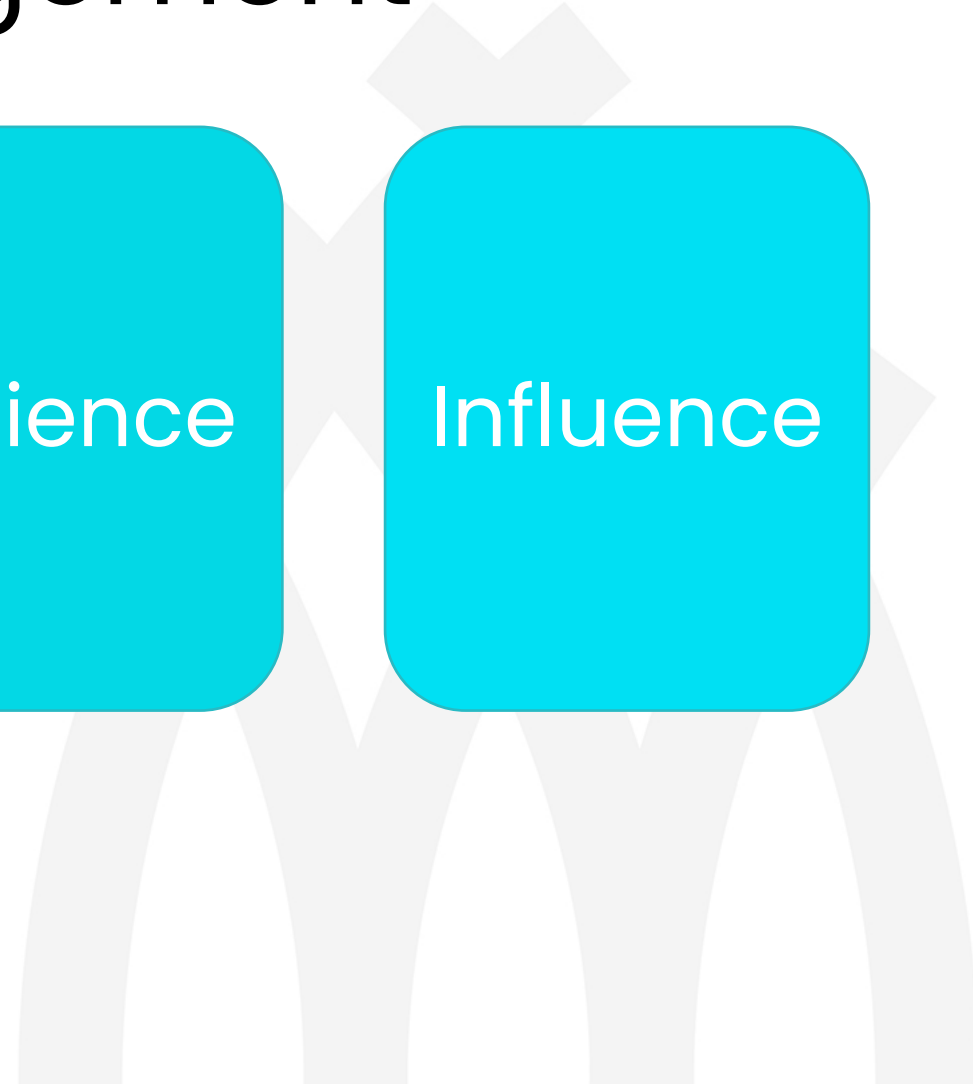
# Laura Lundy's Social Model of Participation and Engagement

Space

Voice

Audience

Influence



# SPACE

- Create a space physically and emotionally safe
- Use inclusive and accessible practices to ensure equity
- Treating young people with dignity
- Autonomize the process by intergrating choices throughout the engagement process
- Invest in whakawhanaungatanga

# VOICE

- Provide enough information
- Given the opportunity to call out when they have been wronged to reinforce their trust in the system to protect and listen to young people
- Allow the opportunity for anonymity
- Create alternatives forms of communications

# AUDIENCE

- Emphasise the importance of youth engagement to the audience
- Develop a clear commitment to listening to young people, particularly when receiving negative feedback
- Have adults adjust to how young people operate opposed to the other way around

# INFLUENCE

- Recognize how their input will impact other young people
- Provide opportunities for young people to continue in the decision-making processes
- Develop a clear accountability framework and feedback loops
- Compensate young people appropriately for their work
- Offer official recognition for their contributions

What does this look like in  
your practice?



# DISCUSSION QUESTIONS

- What tools have you found useful when engaging with young people?
  - How could you incorporate this new information with your previous tools of engagement?
- After hearing what young people have said, how does this align with how you currently engage with young people?
- What are you taking out of this session?
  - What is one thing you can do differently to engage more meaningfully with young people?