

# WEBSITE LINKS

## EATING DISORDERS AND DISORDERED EATING

OVERVIEW OF EATING DISORDERS  
(HEALTHINFO)

[healthinfo.org.nz/Overview-eating-disorders.htm](https://healthinfo.org.nz/Overview-eating-disorders.htm)

SELF-CARE WITH AN EATING  
DISORDER (HEALTHINFO)

[healthinfo.org.nz/Self-help-resources-support-groups.htm](https://healthinfo.org.nz/Self-help-resources-support-groups.htm)

GETTING HELP WITH AN EATING  
DISORDER (HEALTHINFO)

[healthinfo.org.nz/Getting-help-for-eating-disorder.htm](https://healthinfo.org.nz/Getting-help-for-eating-disorder.htm)

BINGE-EATING DISORDER GROUP  
(HEALTHINFO)

[healthinfo.org.nz/Binge-eating-disorder-group.htm](https://healthinfo.org.nz/Binge-eating-disorder-group.htm)

SUPPORTING SOMEONE WHO HAS AN  
EATING DISORDER (HEALTHINFO)

[healthinfo.org.nz/supporting-someone-with-an-eating-disorder.htm](https://healthinfo.org.nz/supporting-someone-with-an-eating-disorder.htm)

APPROACHING SOMEONE WHO HAS  
AN EATING DISORDER (HEALTHINFO)

[healthinfo.org.nz/Approaching-teenager-eating-issue.htm](https://healthinfo.org.nz/Approaching-teenager-eating-issue.htm)

TYPES OF EATING DISORDERS  
(HEALTHINFO)

[healthinfo.org.nz/Types-eating-disorders.htm](https://healthinfo.org.nz/Types-eating-disorders.htm)

# WEBSITE LINKS

## SELECTIVE EATING

- [healthinfo.org.nz/fussy-eaters.htm](https://healthinfo.org.nz/fussy-eaters.htm)
- [healthinfo.org.nz/helping-your-child-with-fussy-eating.htm](https://healthinfo.org.nz/helping-your-child-with-fussy-eating.htm)
- [rnz.co.nz/national/programmes/ninetoon/audio/2018789005/seven-steps-to-success-with-picky-eaters](https://rnz.co.nz/national/programmes/ninetoon/audio/2018789005/seven-steps-to-success-with-picky-eaters)
- [rnz.co.nz/national/programmes/ninetoon/audio/2018667379/tips-on-children-who-are-fussy-or-restricted-eaters](https://rnz.co.nz/national/programmes/ninetoon/audio/2018667379/tips-on-children-who-are-fussy-or-restricted-eaters)