

Additional Resources for Whāraurau from InsideOUT

[InsideOUT.org.nz](https://insideout.org.nz) - free [resources](#), project info, schools support, volunteer opportunities, training and consultancy

[More Than Four](#) - our YouTube video resource on rainbow identities in Aotearoa

[Te Ao Takatāpui](#) - our series of videos of people talking about their takatāpuitanga

[0800 OUTLINE](#) – free phone line where all counsellors are from the rainbow community, also provides some face to face counselling

[Takatapui.nz](#) - resource hub for takatāpui and whānau

[Manalagi repository](#) - an open-access archive that centres Pacific LGBTQIA+ MVPFAFF communities in Aotearoa and the Pacific diaspora

[Gender Minorities Aotearoa](#) - resources for trans and gender diverse people, friends and whānau in Aotearoa

[Pronouns](#) - contains more info about pronouns and why they're important

[I'm Local](#) - sexuality and gender 101 comic and posters, free to download or order

[Supporting Aotearoa's Rainbow People](#) - is a guide that includes great tips for being affirming in your engagement with rainbow communities

Guidelines for Gender-Affirming Healthcare for Gender Diverse and Transgender Children, Young People and Adults in Aotearoa New Zealand

[PATHA](#) - has great, Aotearoa-specific guidelines and resources for supporting trans, non-binary and gender diverse people (including the above resource)

[Intersex Youth Aotearoa](#) - has information and resources for intersex rangatahi

[RainbowYOUTH](#) - has resources for whānau and young people, peer support and much more

Research

[Youth '19 Young People Attracted to Same/Multiple Sexes Report](#)

[Youth '19 Transgender Young People Fact Sheet](#)

[Counting Ourselves](#) - 2019 report on trans and non-binary people's experiences within Aotearoa

[Identify Survey](#) - the first in-depth survey identifying the experiences of rainbow young people and young adults (14 – 26 years inclusive) in Aotearoa New Zealand

Resources for Parents/Whānau & Support People

Parents of Transgender Children NZ - A facebook page/group for people and organisations who support transgender and gender diverse children in New Zealand, their parents and caregivers.

<https://www.facebook.com/transgenderchildrennz/>

[Be There](#) - the site for the campaign launched this year for whānau wanting to support rainbow rangatahi

[Growing up Takatāpui: Whānau Journeys](#)

[Let's talk: A Resource Guide for Parents](#) - a resource made by OutLine

[Help! Is My Child Transgender?](#) - a resource from Gender Minorities Aotearoa for parents, caregivers and other whānau