

Client Name: _____

RED FLAGS

- Suicidal Ideation
- Suicidal Communication
- Suicidal Plan, Preparation, Rehearsal
- Suicidal Intent

ORANGE FLAGS

- Perception as a BURDEN
- HOPELESSNESS or PESSIMISM
- LOSS OF PLEASURE
- AGITATION, ANXIETY, or RESTLESSNESS
- CONCENTRATION or DECISIONS
- Change in SLEEPING
- ALCOHOL or DRUGS
- Anticipated LOSS or STRESSOR
- DECEPTION or CONCEALMENT
- COMMAND HALLUCINATIONS

Learning History

- Self-Harm
- Aggression
- Hospitalisation
- Suicide Attempts
- Suicide Models

Cognitive

- Hopelessness
- Low Self Efficacy

Negative Life Events

- Childhood abuse
- Jailed or Youth Justice
- Conflict with parents
- Parental psychopathology
- Bullying or Discrimination

Age

Gender

Ethnicity

- Genetic
- Injury/Illness
- Bio-Chemical
- Mental Disorder

Low stress tolerances
High Impulsivity

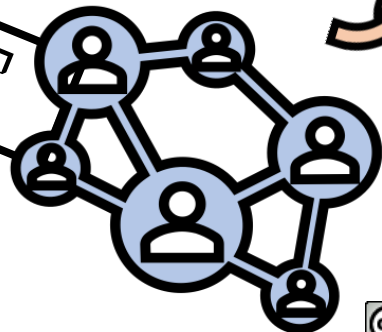
Poor coping skills
Passive Problem Solving

Access to Lethal Means

Protective Factors

- Protective SOCIAL NETWORKS
- ATTACHED TO THERAPIST
- Wanting to BEING ALIVE
- Valued RESPONSIBILITY
- FEAR OF DYING, PAIN
- SOCIAL DISAPPROVAL
- SPIRITUAL beliefs
- SELF-EFFICACY
- HOPE

Minority Status
Low Social Support



CLIENT NAME:

AGE:

GENDER:

ETHNICITY:

DATE:

Describe **Suicide Ideation** & Suicidal **Communication** . Describe **access to means** and any **Plan, Preparation, or Rehearsal** . What do you know about these, describe means, timing, any preparations like notes or goodbyes, or any rehearsal. **Suicide Intent** describe what client has stated in term of likelihood and imminence.

Describe recent descriptions of: Perception as a **burden** **Hopelessness or Pessimism**
Loss of **Pleasure** Agitation, Anxiety or Restlessness **Concentration & Decisions**
Change in **Sleeping** **Substance use/abuse** Anticipated **Loss or Stressor**
Deception or Concealment **Command Hallucinations**

Describe History of: Self-Harm Aggression Hospitalisation Suicide Attempts Suicide Models
Childhood abuse Youth Justice Conflict with parents Parental psychopathology
Bullying or Discrimination Genetic factors Injury/Illness Bio-Chemical change
Mental Disorder Low Stress Tolerance High Impulsivity Poor coping skills
Passive Problem Solving Minority Status Low Social Support

Expand on Protective Factors: SOCIAL NETWORKS ATTACHMENT TO THERAPIST
Wanting to BEING ALIVE Valued RESPONSIBILITY FEAR OF DYING/PAIN
SOCIAL DISAPPROVAL SPIRITUAL beliefs SELF-EFFICACY HOPE

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RISK FORMULATION

Incorporate historic and current factors to describe the:

LIKELIHOOD SEVERITY IMMINENCE

Describe non-judgementally. Be behaviourally and emotionally descriptive
Highlight **PROTECTIVE** factors. State clear **PLAN** including limiting access to
means & family/social contact and monitoring