

## Purpose of the Youth Peer Support Worker role

- Empathetically walk alongside a young person's journey through a service and recovery
   Work alongside clinical interventions to provide support
   Support young people to achieve goals
   Provide support from a peer-to-peer perspective, from similar accessed achieves

- ages and stages Formal and informal activities

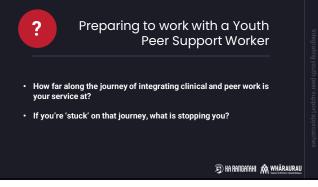
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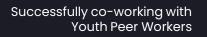
## Preparing to work with a Youth Peer Support Worker

- Their responsibility is to support young people from the perspective of another young person with lived experience Just because they're a young person doesn't mean they're the
- same It is everyone's responsibility to understand each others' roles
- Youth peer support positions are created in order to enhance a young person's journey in a service Peer Support is a practice which requires support and
- supervision
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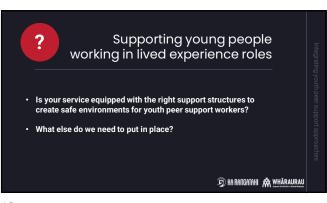




- Expertise of kaimahi in both clinical and lived experience roles
- are valued for their unique strengths
  Address power dynamics and tokenism of youth voice
  Communication, processes, access should be transparent and equal for all members of staff
- Give Youth Peer Workers opportunities to challenge the status quo, not stick to it
- Adequate support for existing clinical staff







	Language matters	
<b>Objectifying Language</b>	Person First Language	
Schizophrenia, borderline, bipolar	Person diagnosed with	
Non-compliant	Not feeling motivated to take meds	
Frequent Flyer	Feels safer when in the service	
Unmotivated	Seems to want to do this rather than that	
Manipulative	Desperate. Good at getting what they need	
Return to baseline	Feels like themself again	
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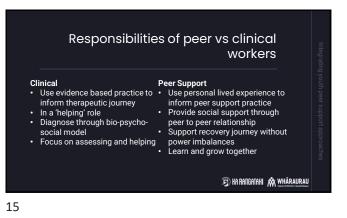
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## Peer workers contribute to the clinical environment

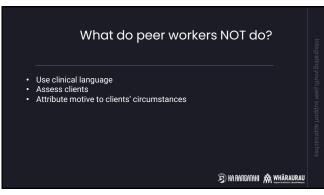
- Deepen the clinical formulation to a story embrace creative Influence team culture Gives the peer a voice in influencing treatment Relationship building

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	Peer to clinical 'drift'	
	Phenomenon of peer workers increasingly practicing in clinical ways Risk of assimilating to dominant clinical culture within a team Can have a number of causes 'Underpaid junior clinician/case manager' Peers should remain peers whilst in that role	
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## Supporting youth peer workers' personal recovery

- 'Recovery' has different definitions
  Mutuality of the role is intended to be a two way relationship for the your base support worker.
- the youth peer support workerFinite stage of career and life

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