

Te Whatu Ora
Health New Zealand

Mental Health National Commissioning

Jo Chiplin – Interim Director Mental Health

Budget 19 - Access & Choice

- **Funding to develop primary mental health & addiction services**
- **Five year roll out of services nationally – currently in year 4 of the roll out**
- **Aimed at people with mild and moderate levels of distress**

Four service streams:

- Integrated Primary Mental Health & Addiction Services (IPMHA) accessed through General Practice – all ages
- Kaupapa Māori services – all ages
- Pacific Services – all ages
- Youth Services (12-24 years)

Youth Access & Choice Services

Delivered by a range of NGOs

Mixture of clinical, peer support and cultural support FTE

Varying models – all delivered in the community

No Entry Criteria

Flexibly tailored to need

- 21 community based local services across the country
- Youthline Helpline
- 2 Rainbow peer support services
- Currently seeing around 1700 young people per month

Budget 2022 Specialist MH Services Funding

Budget 2022 provided \$100 million over four years to expand specialist mental health services in targeted areas

- Maternal Mental Health
- Crisis Responses
- Kaupapa Māori Services
- Eating Disorders Services
- ICAMHS
- Workforce Development

ICAMHS Funding – Budget 2022

Years 1 & 2:

- Targeted funding for the Districts with the lowest levels of investment in ICAMHS
- Targeted funding for young people with MH needs under the care of Oranga Tamariki
- \$18.7 million over four years

Mana Ake – Budget 2022

- **School based mental wellbeing services in primary and intermediate schools**
- **Developed in Canterbury and Kaikoura following the earthquakes**
- **Building on the core elements of success in Canterbury with local co-design**

Budget 2022 provided funding over four years to:

Continue Mana Ake in Christchurch and Kaikoura

Roll out new services in:

- Northland
- Counties
- Bay of Plenty
- Lakes
- West Coast