

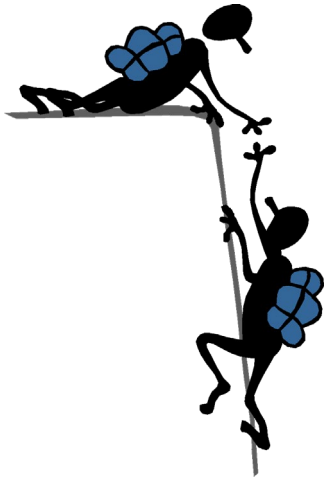


Counties Manukau Primary Youth Wellbeing Service

A Collaborative of
Services Supporting our
Rangatahi & Whānau

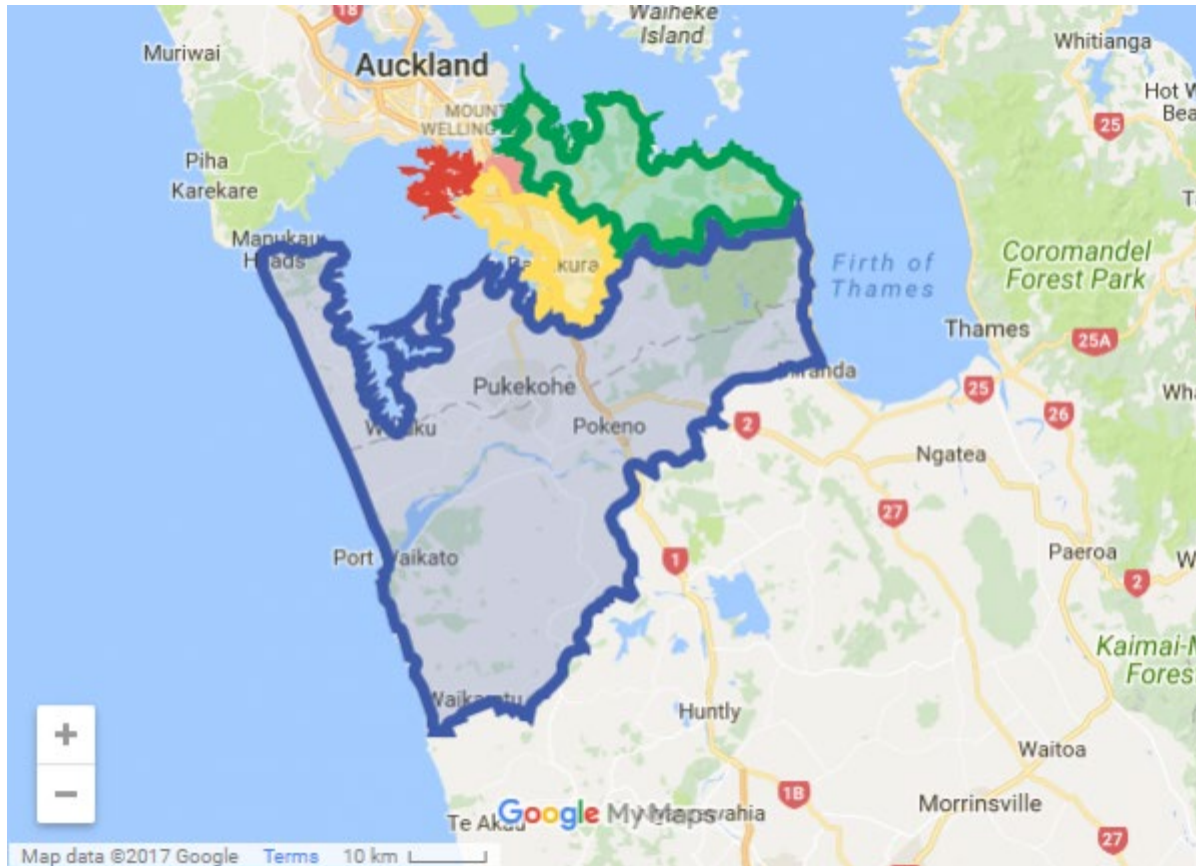
A collaboration of existing and new services

- ▶ Collectively provide responsive primary mental health and addictions (wellbeing) services
- ▶ Aim to improve access and choice for Rangatahi (youth and young adults) (12-24 yrs) whose thoughts, feelings and actions are impacting their wellbeing



- ▶ Guided under the expertise of the Youth Advisory Group
- ▶ Engaging our “voice” at every level and representative in all workgroups

Counties Manukau Rohe





How Waypoint differs from existing supports for Rangatahi

Free

Every door is the right door

Community based

Enhance access and pathways

Preventative

At the forefront are Rangatahi and Whānau

Ensure delivery is equitable, culturally competent, easy to access and effective in achieving wellbeing outcomes



Connection and Wellbeing Support

Mahitahi Trust - Awhi Rito
South Seas Healthcare Trust - MYSTORY

Growing Resilience Skills

Odyssey House & Youthline - Stand up!
Mahitahi Trust - Te Awa Ora
Emerge Aotearoa - Youth Community Living
Support Services
Youthline - BRAVE Personal Development

Intense Support Services

The Psychology Group - Surfing the wave
Real - Real Talk
Youthline - Counselling Service

Who is part of our Waypoint Whānau?





Mahitahi Trust
Ma te mahi tahi ka whiwhi ora
People together nurturing wellness



ODYSSEY



southseas
HEALTHCARE

te ara taiohi whakatapua kia ora ai
youthline

ASB
Principal Partner

real
ahakoa te aha

EMERGE
Aotearoa

Realising potential ■ Tautokohia te mana tangata

THE
PSYCHOLOGY
GROUP







Waypoint's Youth Advisory Group



*Youth Advisory Group
(YAG) – 10 Core
Members example*

Wahine
Maori
Rep

Tane
Pasifika Rep
(Vacant)

Tane
Maori
Rep

Takatāpui
Rep (Vacant)

Wahine
Pasifika Rep

Wahine
Pākehā Rep
(Vacant)

Disability
Rep

High school
age rep
(Vacant)

Wahine
Asian Rep

Tane Rep



Clinical Cultural
Governance Group

2 x
Kaitiaki

Youth Advisory
Group
1 x Project Lead
10 x Members

Rangatahi and
Whanau

Service
Delivery
Kaimahi

Service Working Group

Naming/Branding

KEYWORDS

Hope
Awhi
Whaanau
Tuakiri - Identity
Smooth Transition
Unison
Enhance
Values
Current Words/Phrases:
No Cap
Skux
Styla
Sheesh
#.....
Journey
Together
Wellness
Holistic
Connection
Road
Waka
Direction
Safe
Validating
Bond
Community
Friend
Relatable
Future
Whakawhanaungatanga
Common Ground
Strength
Strong
Kaha
Ake
Kaha

Power
Strength
Effort
Persistence
Ake
Kia Kaha
Manawhenua
Kotahitanga - Unity
Solid
Flexible
Robust
Resilient
Overcome
Conquer
Resilience
Interdependent
Support
Togetherness
Get Through
One Step at a Time
Step By Step
Break It Down
Chunk The Problem
Manageable Chunks
Positive Self Talk
Paradigm
Perspective
Focus on Helping Others
Self Care
Care For Yourself
Take Some Me Time
Slow It Down
Talk It Out
Write It Down
Speak Positive
Foundation

Support
Bear
Pillar
Base
Solid Ground
Ground Control
South Support
Ground Support
Belong
Change Up
Good Better Best
Heard
Hear
Hear To Help
Heard. Helped. Happy.
Shoulder
Lean In
Support
Ground Support
Life Support
In Tune
Vent
Encourage
Encourage
Human Condition
Humanity
Ministry Of Counsel
Ministry Of Listening
Ministry Of Youth
Ministry Of Found
Youth Foundation
Foundation
The Department Of Help
Ministry Of Help
Help Foundation
25/7

Twenty Five Seven
Hear To Listen and Beyond
411
Youth Support
The Clarity Department
Crisis To Clarity
Clarity
Youth Trust
No Limits
Valid
Guidance
Advice
Friendly Ear
Safe Pair Of Hands
Emotions
Wisdom
Trust Foundation
Youth Trust
Young Minds Trust
Youth Mind Support
Shout
Holla
Sup!
Back Up
Youth Backup
We've Got Your Back
Stay True
True
Youth Partners
Mind Partners
The Balance Foundation
Balance Partners
Alongside
Together
Journey
Partner

Fuel
River
Road
Path
Empathy
Spark
Ignition
Catalyst
Gateway
Doorway
Way Ahead
Way Forward
The Way
Find Your Way
Compass
Navigation
Navigate
Whakatere Ora - Navigate Life
Waypoint
Get to Where You Need to Be
Scope
Spectrum
Panoply
Range
Direction
Way
Guide
Guidance
Hiko
Toko / Tokoua/ Tokouso
(brotherhood/sisterhood)
Aiga / Famili (Family)
Stay fefeka (Stay strong)
Its Ok to not be Ok
Waewae



waypoint

oranga whakare - navigating wellbeing

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navigating wellbeing
GI.org.nz



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waypoint

This way to Okay

navigate

supporting young minds

wayup

step up to hope

waypoint

Wherever You Find Yourself

wayfinda

Youth Guidance & Support

waypoint

Journey to OK

pathfinder

Navigation for Tough Times

getdirection

Navigation for Life's Tough Times



The importance of including Rangatahi at every level

“It’s not about us,
without us.”

What the YAG and this opportunity means to us and our journeys

*Ngaa mihi nui ki a koutou katoa.
Na Angela, Caleb, Daneka, Nia and Talia*



Q&A Time