

JETPARK HOTEL, AUCKLAND

15-16 JUNE 2023

Ngā Tau Mīharo
The Incredible Years

National Forum

He whiria, he whatu
Weaving the strands



WHĀRAURAU

Parent & Teacher Team

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Incredible
Years®

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General information

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He whiria, he whatu

Welcome

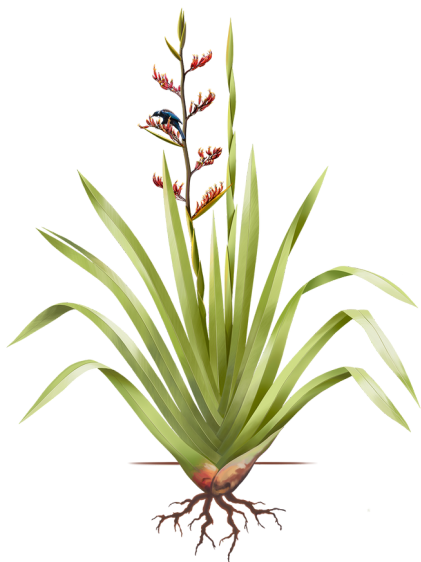
Whāraurau, Te Tāhuhu o te Mātauranga | Ministry of Education, and the Forum Working Group are thrilled to welcome you to the 2023 Incredible Years Forum. He Whiria, He Whatu, Weaving the Strands.

We hope attendees experience a sense of our shared IY journey, our shared IY community, and are inspired and readied for the future of IY in Aotearoa. That is, working together with our communities sharing knowledge and experiences, to have a positive impact on the lives of children and supporting their success now and in the future.

We look forward to a productive and enriching forum. Thank you for joining us.

Tēnei te mihi aroha ki a koutou kua huihui mai ki tēnei kaupapa tino whakahirahira, no reira tēnā koutou, tēnā koutou, tēnā koutou katoa.

Ngā mihi, Te Taunaki Mātua Pouako (Parent & Teacher Team)



He whiria, he whatu

The concept of weaving together the strands from two worlds derives from the metaphor of the weaving of the harakeke. In respecting the different meanings and understandings within both Te Ao Māori and Te Ao Pākehā, we acknowledge the partnership between these worlds and how the skill sets may be aligned when delivering IY to maximise outcomes for whānau.



Programme Day One

Thursday 15 June 2023

Scan for detailed programme

TIME	ITEM
8:00am	Registration opens
9:00am	Opening & welcome
9:20am	Opening address
9:40am	Ngā Tau Mīharo video
9:50am	Morning tea
10:05am	Ngā Tau Mīharo waiata
10:15am	Promoting diversity and a transcultural approach Dr Carolyn Webster-Stratton
12:15pm	Lunch
1:05pm	Workshop session 1
2:05pm	Workshop session 2
2:55pm	Afternoon tea
3:10pm	Workshop session 3
4:10pm	Close of day 1
4:15pm	Nibbles and self-funded drinks



Scan for detailed programme

Programme Day Two

Friday 16 June 2023

TIME	ITEM
8:00am	Registration opens
9:00am	Opening
9:10am	Decolonising the Autism spectrum in Aotearoa Dorothy Taare-Smith
10:10am	Tailoring, fidelity, and culture Lisa Herewini & Amanda Hita
10:55am	Morning tea
11:10am	Pacific values, Tapasa, and IY Violet Highley & Bryan Leilua
11:55am	When programmes work together Caroline McGlinchy, Aleksandra Alagh, Jane Keir, Tracey Strickett, & Diana Linforth-Howden
12:55pm	Lunch
1:45pm	Workshop session 1
2:45pm	Workshop session 2
3:35pm	Afternoon tea
3:50pm	Final remarks and close of forum
4:05pm	End of day 2

Workshops

Thursday 15 June 2023

TITLE

LOCATION

SESSION ONE 1.05PM - 1.55PM

IYT: Essential elements for running a successful IYT programme in primary school settings. An RTLB perspective

KIWI ROOM
GROUND FLOOR

This session is a quick guide through the requirements of setting up an IYT Programme within a primary school setting and is designed as a checklist-type presentation of the things you do before, during, and after a programme. There are aspects relevant to both urban and rural systems. It also has the introduction to helpful tools and templates for online delivery. Both hard copies and digital templates provided.

Presenters: Sandra Pickering & Kavita Baluja

IYT-A: Layering / Tailoring role plays

PUKEKO ROOM
GROUND FLOOR
(this same workshop is offered again on Thursday at 3.10pm)

This session is focused specifically on supporting new group leaders beginning to deliver the IYT Autism programme and working towards accreditation. It will concentrate on group leaders developing confidence and skill to layer / tailor role plays within a session. This workshop is interactive and practical.

Presenters: Lee Taylor-Burt & Sheila Russell

ALL: Puppet workshop

LOUNGE
5TH FLOOR
(this same workshop is offered again on Friday at 2.45pm)

A fun, interactive workshop:

- Introducing new Aotearoa manu puppets
- Weaving use of puppets in all IY sessions
- Supporting group leaders' use of puppets

Presenters: Caroline McGlinchy & Aleksandra Allagh

ALL: Accreditation journey

TUI ROOM
5TH FLOOR

This session provides attendees with an overview of the accreditation process including:

- Navigating the IY website and paperwork
- The core skills needed to demonstrate for accreditation
- Common challenges on the accreditation journey
- Key components reviewers look for in order to pass your video
- Q & A time to ask anything not covered

Presenter: Jens Andersen

Workshops

Thursday 15 June 2023

TITLE	LOCATION
SESSION ONE 1.05PM - 1.55PM	
IYP: Emotional regulation & calm down time This workshop acknowledges the importance of emotional regulation and covers the key building blocks to develop children's self-regulation, and the importance of whānau in this journey. We cover changes in developmental milestones, social expectations, and the ability to develop self-regulation in the context of brain development. We will finish with tips to make the 'Calm down' topic in the Incredible Years Parent programme more effective. Presenters: Dianne Lees & Diana Linforth-Howden	KOKAKO ROOM 5TH FLOOR
SESSION TWO 2.05PM - 2.55PM	
IYT: Sustaining classroom teacher practice An opportunity to discuss the benefits of sustaining practice for IYT trained educators, share and gather ideas to promote sustainability within our school and ECE settings, and to consider recent local research in this space. Presenters: Lisa Christensen & Paul Burland	KIWI ROOM GROUND FLOOR
IB: Incredible Beginnings pilot Presenter: Akari Miyamoto & Ruth Fleury	PUKEKO ROOM GROUND FLOOR
IYT-A: Resources This session will present a range of resources that support group leaders to facilitate each of the six sessions. There will be concrete practical examples and suggestions of resources some of which can be provided to kaiako to use in their settings. Presenters: Lee Taylor-Burt & Sheila Russell	RESTAURANT GROUND FLOOR (this same workshop is offered again on Friday at 2.45pm)
IYP: The art of capturing taonga, gems, and principles in your groups The core principles and gems in the Incredible Years are like the "glue" of the programme. The process of 'capturing' these during group sessions enables us to highlight for participants the main takeaways for them to practice outside the group - we want to do this collaboratively and respectfully. Sound easy? It can be challenging at times. This workshop will give you a chance to share what works, explore challenges, and help clarify the process with some simple steps for use in sessions. Presenter: Diana Linforth-Howden	KOKAKO 5TH FLOOR

Workshops

Thursday 15 June 2023

TITLE

LOCATION

SESSION TWO 2.05PM - 2.55PM

IYP: Puppets

A fun, interactive workshop:

- Introducing Aotearoa new manu puppets
- Weaving use of puppets in all IY sessions

Presenters: Caroline McGlinchy & Aleksandra Alagh

LOUNGE
5TH FLOOR
(this same
workshop is
offered again on
Friday at 1.45pm)

IYP-A: Tailoring practices in Incredible Years Parent - Autism

Tailoring practices in Incredible Years Autism. A discussion around how IYA-P group leaders can tailor practices for parents to be child-centred in accordance with the child's needs, likes, and skills.

Presenters: Dianne Lees & Lucy Gregory

TUI ROOM
5TH FLOOR

SESSION THREE 3.10PM - 4.00PM

IYT: Supporting peer coach practice

An opportunity for peer coaches to connect, share successes and ideas, and ask any questions they have pertaining to peer coach practice. The session includes an update about resources to assist peer coaches in their mahi to support group leaders maintaining fidelity and enhance the delivery of the Incredible Years Teacher programme.

Presenters: Sandra Pickering & Lisa Christensen

PUKEKO ROOM
GROUND FLOOR

ALL: Whakatauki / Whakatauaki

When using whakatauki/whakatauaki do we understand the purpose in which they came about or are we just looking at the translated version and think that it will fit the purpose? I will be using a practise approach in working through different whakatauki / whakatauaki.

Presenter: Hora Dillon

RESTAURANT
GROUND FLOOR
(this same
workshop is
offered again on
Friday at 1.45pm
and 2.45pm)

Workshops

Thursday 15 June 2023

TITLE

LOCATION

SESSION THREE 3.10PM - 4.00PM

ALL: PB4L Panel - The Suite

Incredible Years is a part of the Positive Behaviour for Learning (PB4L) suite of evidence based initiatives helping parents, whānau, teachers, early childhood centres, schools, and kura to address behaviour, improve children's well-being, and increase educational achievement. This panel provides an opportunity for you to bring your questions, queries and thoughts about how IY links to the other parts of the PB4L suite namely Huakina Mai, Te Mana Tikitiki, Check & Connect, PB4L School-Wide, and PB4L Restorative Practice. Time will be included for Q&A.

Presenters: Louanna Garmonsway & Leah Vennell

KIWI ROOM
GROUND FLOOR

IYP: Early intervention with vulnerable parents: a partnership approach to delivering the Incredible Years Toddler programme

This presentation discusses the delivery of the IY Toddler programme to parents who have had adverse childhood experiences and are currently supported by Family Start due to a range of problems impacting on their ability to parent positively. The partnership developed with Family Start is critical to tailoring the programme to each parent, their child, and their home. Key things have been learnt about delivering the programme to this cohort of parents, for example, how we mediate vignettes, set up role plays, encourage and manage discussions, and indicators that parents have managed all they can for a given session. Early intervention via the Toddler programme, alongside other wraparound whānau/tamariki supports, may significantly contribute to minimising emotional and behavioural problems in the future. The outcomes of evaluations over seven programmes will be presented.

Presenters: Di Thomas

KOKAKO ROOM
5TH FLOOR

IYP-A: Sensory experiences & visual aids in Incredible Years Autism

A discussion on how IYP-A facilitators can assist parents to identify their children's sensory likes and needs and work with these to build connection. This will also cover how IYP-A facilitators support parents to introduce and use visual aids when indicated for their children.

Presenters: Dianne Lees & Lucy Gregory

LOUNGE
5TH FLOOR

Workshops

Thursday 15 June 2023

TITLE

LOCATION

SESSION THREE 3.10PM - 4.00PM

IYT-A: Layering / Tailoring role plays

This session is focused specifically on supporting new group leaders who are beginning to deliver the IYT Autism programme and working towards accreditation. It will concentrate on group leaders developing confidence and skill to layer / tailor role plays within a session. This workshop will be an interactive and practical workshop.

Presenters: Lee Taylor-Burt & Sheila Russell

TUI ROOM
5TH FLOOR
(this is a repeat of
the Thursday
session 1
workshop)

Workshops

Friday 16 June 2023

TITLE

LOCATION

SESSION ONE 1.45PM - 2.35PM

ALL: Tailoring with fidelity

Tailoring Incredible Years Teacher Programme with Fidelity
Messages from Carolyn Webster-Stratton about what is core and what is flexible.
How to use IY Teacher Autism and Incredible Beginnings supplemental vignettes within your programme.

Presenters: Jens Andersen

KIWI ROOM
GROUND FLOOR

IYT: Q&A and share session

An opportunity for group leaders to ask any questions they have pertaining to IYT and IYT-A and experience a collaborative approach to finding answers and solutions. The session also includes an idea sharing component where participants are encouraged to bring and gather practical tips, resources, and ideas that maintain fidelity and enhance the delivery of IYT and IYT-A.

Presenters: Lisa Christensen & Sandra Pickering

PUKEKO
GROUND FLOOR

ALL: Whakatauki / Whakatauaki

When using whakatauki/whakatauaki do we understand the purpose in which they came about or are we just looking at the translated version and think that it will fit the purpose? I will be using a practice approach in working through different whakatauki / whakatauaki.

Presenter: Hora Dillon

RESTAURANT
GROUND FLOOR
(this is a repeat of the Thursday session 3 workshop)

ALL: Experiences delivering IY to Pacific families

Presenters: Mercy Brown & Tiama Solomona

KOKAKO
5TH FLOOR

IYP: Asian Family Services & IY Parent

- Who are the Asians in NZ
- Asian cultures
- Summary of IYP delivering in Asian languages (benefit and challenges)
- Quick overview of Asian Family Services

Presenter: Kelly Feng

TUI ROOM
5TH FLOOR

Workshops

Friday 16 June 2023

TITLE

LOCATION

SESSION ONE 1.45PM - 2.35PM

IYP: Puppets

A fun, interactive workshop.

- Introducing Aotearoa new manu puppets
- Weaving use of puppets in all IY sessions
- Supporting teachers use of puppets.

Presenters: Caroline McGlinchy & Aleksandra Alagh

LOUNGE
5TH FLOOR
(this is a repeat of
the Thursday
session 2
workshop)

SESSION TWO 2.45PM - 3.35PM

IYP: Q&A and share session

An opportunity for IYP group leaders to ask questions pertaining to IYP and IYP-A delivery and experience a collaborative approach to finding solutions. The session also includes an idea sharing component where participants are encouraged to share practical tips, resources, and ideas that maintain fidelity and enhance the delivery of IYP.

Presenter: Dianne Lees

PUKEKO ROOM
GROUND FLOOR

IYT-A: Resources

This session will present a range of resources that support group leaders to facilitate each of the six sessions. There will be concrete practical examples and suggestions of resources some of which can be provided to kaiako to use in their education settings.

Presenters: Lee Taylor-Burt & Sheila Russell

KIWI
GROUND FLOOR
(this is a repeat of
the Thursday
session 2
workshop)

ALL: Whakatauki / Whakatauaki

When using whakatauki/whakatauaki do we understand the purpose in which they came about or are we just looking at the translated version and think that it will fit the purpose?. I will be using a practice approach in working through different whakatauki / whakatauaki.

Presenter: Hora Dillon

RESTAURANT
GROUND FLOOR
(this is a repeat of
the Thursday
session 3 & Friday
session 1
workshops)

ALL: Puppet workshop

A fun, interactive workshop:

- Introducing Aotearoa's new manu puppets
- Weaving use of puppets in all IY sessions
- Supporting teachers' or group leaders' use of puppets

Presenters: Caroline McGlinchy & Aleksandra Allagh

LOUNGE
5TH FLOOR
(this is a repeat of
the Thursday
session 1
workshop)

Workshops

Friday 16 June 2023

TITLE

LOCATION

SESSION TWO 2.45PM - 3.35PM

IYP: Peer coaches

A chance for IY Parent Peer Coaches to connect and share including:

- Tips, tricks, and traps - what we are learning along the way
- Tailoring with fidelity and the role of the collaborative process
- Where we have come from and where we would like to be as a group going forward

Presenter: Jens Andersen

TUI ROOM
5TH FLOOR

IYP: What next? Tips to support your programme delivery

Presenters: Dianne Lees & Lucy Gregory

KOKAKO ROOM
5TH FLOOR

Keynote Speakers

Dr Carolyn Webster-Stratton

Presentation Topic: Promoting diversity and a transcultural approach

Carolyn Webster-Stratton, MS, MPH, PhD, Professor Emeritus at the University of Washington, is a licensed clinical psychologist and paediatric nurse practitioner, and the founder of the Incredible Years Series for Parents, Children, and Teachers.

She has conducted numerous RCTs to evaluate the effectiveness of programmes for promoting social and emotional competence, school readiness skills, and preventing conduct problems in high-risk populations. She has also evaluated teacher, parent, and child treatment programmes for children diagnosed with oppositional defiant disorder, conduct disorder, and ADHD.

The Incredible Years programmes have been delivered in more than 24 countries, in ten languages. Dr. Webster-Stratton has published numerous scientific articles and chapters as well as books for parents, teachers, therapists, and children. She has received the National Mental Health Lela Rowland Prevention Award; National Mental Health Research Scientist Award; Dale Richmond/Justin Coleman Lectureship Award from the American Academy of Paediatrics; Trailblazer Award from Association for Behavioural and Cognitive Therapies; Distinguished Career Award from APA Society of Clinical and Adolescent Psychology, and a Doctor Honoris Causa from the Université de Sherbrooke.



Dorothy Taare-Smith

Presentation Topic: Decolonising the autism spectrum in Aotearoa

Dorothy Taare-Smith has worked in the disability sector for well over 20 years as a teacher-aide, teacher, specialist teacher, advocate, and advisor. Dorothy is the founder of Taonga Takiwātanga Charitable Trust (TTCT) which was established in 2020 to address the unmet needs of whānau Māori seeking authentic Kaupapa Māori support for their Taonga Takiwātanga (whānau member on the Autism spectrum). The core business of TTCT is to deliver Marae-based professional development and support to whānau living in highly populated Māori communities in Te Tairāwhiti.

Dorothy has a particular interest in the area of Takiwātanga – Autism from a Māori perspective where she has identified key implications for Te Whānau Takiwātanga seeking cultural authenticity in the Education, Health, and Justice sector.

Dorothy is a member of the Living Guidelines Group (LGG), a national Autism advisory group that works closely with the Ministry of Education and Whaikaha. The core role of the LGG is to advise Government agencies about best practice approaches to supporting those who work closely with people on the Autism spectrum.

Dorothy's academic accolades:

Diploma in Child Protection Studies – Child Matters NZ

Bachelor of Education (Teaching) – The University of Auckland

Post Graduate Diploma in Specialist Teaching (Autism Spectrum Disorder) – Massey University

Master of Specialist Teaching (Autism Spectrum Disorder) – Massey University.



Presenter Bios

Dianne Lees - IYP Mentor, IYP-A Mentor-in-Training

Dianne is a clinical psychologist with many years of experience working with children and families. She has a background in secondary school teaching and Playcentre Early Childhood before retraining as a clinical psychologist.

Her journey with Incredible Years began in 2001 when she completed her Basic Parent Training. Back then, Dianne had a dream to see all Parent, Child, and Teacher Incredible Years programmes available in New Zealand and introduced IY to the Health and Education sectors in New Zealand.

Her research includes an evaluation of the effectiveness of Incredible Years Parent Programme for solo mothers of children with ADHD, and an RCT evaluation of adding a home visiting intervention to improve outcomes for high risk families attending IYP. Dianne is experienced in delivering Baby, Toddler, Basic, School Age, Advanced, and Autism parent programmes. Dianne continues to deliver group leader training, peer coaching, and support for IY facilitators in NZ.



Tania Anstiss - IYP Mentor, IYP-A Acc Peer Coach

Tania is Psychology Lead at the Infant, Child, and Youth Mental Health Service at Te Whatu Ora - Health NZ, Waitemata. Tania also works clinically in the Matua Tuhononga (Infant Mental Health) team. Tania is passionate about intervening early with whānau and tamariki, and has always enjoyed providing support for whānau in their parenting journey.

Tania has focused on workforce development for some years and is an accredited Mentor and Peer Coach in the Incredible Years Parent programme. She also provides professional supervision through her private practice. Tania has a national leadership role as President of the New Zealand Psychological Society and is a strong advocate for the Psychology Workforce in Aotearoa.



Diana Linforth-Howden - IYP Mentor

Diana is a Mentor for the IY Basic Parent Programme. She also provides supervision to group leaders beginning this work. Diana has worked in the NGO and tertiary mental health sectors for 20 years, before setting up the Incredible Families Trust, with two of her colleagues and her husband in 2006.

A co-trustee delivers Watch, Wait & Wonder - an Infant/Parent programme and Diana and her team raise money to deliver various Incredible Years programmes in the greater Wellington area, including the Basic Incredible Years Parent Programme, the IY Autism programme, and the Dinosaur school programme.

The Trust has contracts with Ministry of Education to deliver Incredible Years Basic parent programme and IY Autism Programme. On a personal level, Diana is married, has four children and has five precious little grandchildren.



Presenters

Lisa Herewini - IYP Mentor

Lisa is a registered Social Worker with the Ministry of Health's Child Adolescent Mental Health Services in Tauranga, NZ. Lisa joined the Health Sector with over 20 years' experience working with children and their whānau in the non-Government Field of Social Services. She holds a post-graduate Diploma in Professional Bi-Cultural Supervision, and leads the Incredible Years Māori Workforce Development Plan and Advisory Group with Auckland University's Whāraurau Team.

Lisa's journey with Incredible Years began in 2004. She is experienced in delivering the Preschool, School Age, and Autism Programmes.

Lisa has also become the first Māori accredited Mentor in Aotearoa New Zealand, and delivers Fidelity Workshops, Consultation Days, Kaimahi Hui, Telehui, and co-leads Trainings for IYP. Above all else, Lisa descends proudly from the Mataatua Waka. Her passion for children and whānau stems from her own experiences having been raised on her papakainga immersed in the cultural traditions of her whānau, hapu and Iwi. Ma te atua, hei manaaki.



Jens Andersen - IYP Mentor, IYT Acc Peer Coach

Jens Andersen is a Registered Psychologist who has been with the Ministry of Education since 2004. Prior to this he worked with at risk youth and has also managed to clock up a few hours cooking and snowboarding along the way.

Jens was trained to deliver the Incredible Years Basic Parent programme in 2005 and is now a Mentor for the Incredible Years Parent programme and an accredited Peer Coach for the Teacher programme. This sees him delivering programmes in Hawkes Bay as well as supporting practice across Aotearoa in his role with MOE Te Pae Aronui.



Michelle Wood - IYP Mentor-in-Training

Michelle is an Educational Psychologist with the Ministry of Education Learning Support team in Palmerston North. She is the Practice Lead for the Learning Support behaviour teams across the Taranaki, Whanganui, & Manawatu region and has a special interest in supporting families who have children with significant behavioural needs. She currently delivers the Behaviour and Wellbeing training for behaviour practitioners across the region. Michelle is an accredited group leader and peer coach for the Incredible Years Parent programme and also delivers the Incredible Years Teacher (ECE) programme. Most recently her focus has been on delivering the Incredible Years Toddler programme to vulnerable parents



Presenters

Anna Dickson - IYT Mentor, IYT-A Acc Peer Coach

Anna Dickson is a Registered Psychologist who has extensive experience working with children, adolescents, and their families. Her specialist areas are trauma, anxiety, parenting, working with neurodiverse children, and young people. She is an experienced clinical supervisor and has provided supervision for Massey University intern psychologists as well as experienced psychologists and other health and education colleagues. She has worked with Explore Specialist Services where she provided behavioural support to adults and children with neurodiverse conditions. She currently works for the Ministry of Education and in private practice.



Kim Thomson - IYT Mentor, IYT-A Acc Peer Coach

Incredible Years Teacher and Parent, Early Intervention

Kim Thomson is an accredited Incredible Years Teacher Mentor, accredited Autism Teacher Peer Coach, Registered Educational Psychologist, and Early Childhood Educator.

Kim is passionate about mentoring and supporting Incredible Years workforce development.



Michele Jones - IYT Mentor-in-Training

Michele Jones is Ngāti Kahungunu ki Wairoa and is an Early Intervention Teacher. She has been delivering Incredible Years Parent and Teacher programmes since 2007 and is an accredited group leader in both programmes. Michele has worked with whānau Māori in her personal life, hapū and kāhui involved in Te Tiriti o Waitangi negotiations, and for Te Tāhuhu o te Mātauranga | the Ministry of Education working with tamariki/mokopuna with learning disabilities.

Michele has also been nominated as a Mentor-in-training in the IY Teacher programme to provide group leader support both at group leader trainings and consultation days. She has also trained in the Incredible Beginnings programme.

Michele is keen to grow our numbers of Incredible Years Group Leader Māori and Peer Coaches Māori in the Teacher programme in Aotearoa New Zealand.



Presenters

Sheila Russell - IYT-A Mentor, IYT Acc Peer Coach

Sheila Russell has a background in early childhood education as a kindergarten teacher and an early intervention teacher working in schools, preschools and extensively with families.

Over the last ten years she has worked full time delivering Incredible Years Programmes and supporting others through peer coaching. She is an accredited peer coach in the Incredible Years Parent Programme, Incredible Years Teacher Programme, and Incredible Years Teacher Autism Programme. Sheila is also being trained in the small group Dinosaur Programme and Incredible Beginnings Programme.



Lee Taylor-Burt - IYT-A Mentor, IYT Acc Peer Coach

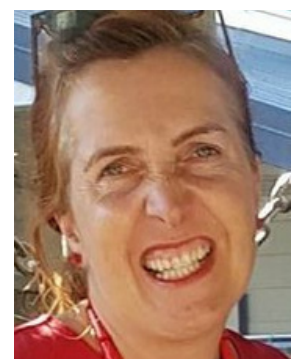
Lee Taylor Burt is a mentor for the Teacher Autism Programme in New Zealand. She has a teaching background in kindergarten and has specialised in early intervention. She currently delivers the Incredible Years Parent, Teacher, Teacher Autism, and Incredible Beginnings Programmes. She trained in and previously delivered the Dina Dinosaur small group Programme. Lee peer coaches group leaders delivering the Parent, Teacher, and Teacher Autism Programmes.



Lucy Gregory - IYP-A Mentor-in-training & IYP Acc Peer Coach

Lucy Gregory is a Child and Family Psychologist with over ten years experience facilitating Incredible Years Parent Programmes in both a CAMHS setting and through Incredible Families Trust in Te Whanganui-a-Tara/Wellington.

Lucy has been delivering Incredible Years Parent Autism for the last five years and is an accredited group leader and peer coach in IYP and IYP-A. She is passionate about supporting parents to build positive connections with their children. Lucy also works for CAMHS Wellington.



Presenters

Lisa Christensen - IYT Mentor-in-Training

Lisa is a Resource Teacher of Learning and Behaviour from Ōtautahi Cluster 35. She has a Masters in Specialist Teaching and has worked with a diverse range of young people, family/whānau, and school teams in both special schools and mainstream settings.

She first trained in the Incredible Years Teacher Programme in 2013 and is an accredited group leader and peer coach. She is also trained in the Incredible Years Autism Teacher programme. Lisa is a member of the Incredible Years Teacher Practice Team supporting group leaders from around the country with their questions about IYT practice and delivery to ensure the programme is delivered with fidelity.



Sandra Pickering - IYT Mentor-in-Training

Sandra Pickering is a Resource Teacher Learning and Behaviour, (Cluster 14) attached to Morrinsville Intermediate School, New Zealand. She has a background in primary school teaching and as a Resource Teacher Special Needs. She has a Post Graduate Diploma in Education (Guidance) (1997) and a Post Graduate Diploma in Special Needs Resource Teaching (2001).

She has delivered the IY Teacher Programme since 2010 and is an accredited group leader (2011) and accredited peer coach (2017). Sandra is committed to the Incredible Years content and the support network, having seen the benefits at every stage of involvement for teachers and their students, group leaders delivering the programme and on to the peer coaching system.



Kavita Baluja - IYT Acc Peer Coach

Kavita is a Resource Teacher of Learning and Behaviour from Cluster 12. She has a Masters in Education and a Post Graduate Diploma in Specialist Teaching.

Kavita is an accredited IYT group leader and an accredited IYT peer coach. She has peer coached group leaders from several RTLB clusters in Auckland and supported them to achieve accreditation. She is also trained in the Incredible Years Teacher Autism Programme and is a member of the Incredible Years Teacher Practice Team. Kavita provides advice and guidance in IYT practice to facilitators and has conducted fidelity days in the South Auckland region to assist group leaders to deliver the programme with fidelity.



Presenters

Di Thomas - IYP Acc Peer Coach

Di is a Special Education Advisor, and Coordinator of both the Incredible Years and the Traumatic Incident team in the Ministry of Education's Regional Performance & Quality team based in Palmerston North. She has a particular interest in supporting families whose children have significant behaviour issues and has been a national trainer of practitioners across the country who deliver a behaviour service to families, schools & early childhood centres. She currently delivers the Behaviour and Wellbeing training for behaviour practitioners across the Taranaki, Whanganui & Manawatu region. Di is an accredited group leader and peer coach for the Incredible Years Parent Programme with the most recent focus being on delivering the Incredible Years Toddler Programme to vulnerable parents.



Mercy Brown - IYP Acc Peer Coach

Avea lo'u leo faatauva'a e faatalofa atu ai i le mamalu o tagata atu motu Pasifika, tupu ma e'e o le atunuu, o le a le oo iai so'u leo. Malo le soifua. Malo le fai o le faiva. Malo le tapua'i.

After working as a Family Therapist in a Pasifika CAMHS for six years, I decided to do facilitation in delivering Incredible Years Programme for parents. I was interested to see whether the programme can be adapted for Pasifika families. I am pleased to say that after many years of delivering this programme to Pasifika, general populations, and refugee parents I am convinced with the positive results. My presentation is about my journey as a Pasifika Incredible Years facilitator.

Mercy Brown, Samoan Incredible Years Facilitator, Small Dinosaur group facilitator, Peer coach

Tracey Strickett

Tracey has also been a part of the IYA PD at Prospect School. Apart from being the SENCO, she is also a team leader and an In School Teacher due to her expertise in the curriculum.

Presenters

Kelly Feng

Kelly MNZM, is the Chief Executive for Asian Family Services. Kelly was a medical doctor in China. After migrating to New Zealand in 2002, Kelly obtained her qualifications in social work. Kelly has been a registered social worker since 2005 and has been working in the mental health and addiction sector and other social sectors for over a decade.

Prior to joining AFS, Kelly successfully piloted the Asian Mental Health Services for Waitemata District Health Board in 2007. Kelly is passionate about the Asian community. She will continue to serve and advocate for Asians in New Zealand to develop more culturally appropriate services to meet the needs of the community.



Hora Dillon - IYT Group Leader

Born/ Bred: In Te Wharua o Ruatoki and still living here.

Grew up speaking only Te Reo Maori until I went to kura I was taught English.

Transition into English was hard for us because we really did not have the support at home in English I moved on into gaining my Teacher Diploma at Awanuiarangi.

Taught mostly in Kura Kuapapa/Wharekura/Kura Mana Maori. I was in my element in these kura.

I moved on into RTLB mahi and took on board delivering Incredible Years Teaching using a huge component of Te Reo in our delivery.

Now moving in to IYA Training hopefully supporting kura who work with tamariki with this condition.

Paul Burland - IYT Acc Group Leader

Paul has worked as an RTLB for the last eight years across two clusters both urban and rural. He brings over 40 years of experience in education to his mahi. He is currently working as an RTLB Practice Leader in Ōtautahi Cluster 35. Paul is an accredited group leader for Incredible Years Teacher and is trained in Incredible Years Teacher Autism. Paul has just completed his Masters in Specialist Teaching and his professional inquiry was centered around sustainability and embedment of Incredible Years strategies. Paul enjoys being able to share his knowledge and understanding as he learns with and from teachers, students, parents, and colleagues.



Presenters

Violet Highley - IYT Acc Group Leader

Talofa lava. My name is Violet Highley. I am a New Zealand born Samoan Primary School teacher who grew up in Auckland. Over the last forty years I have taught in schools in New Zealand, Australia, and the Solomon Islands. I am in my 8th year of working as an RTLB in the Mangere/Otahuhu Cluster. I am passionate about Pacific Education and am an active member of the Pacific RTLB group named "Tautai". I became an accredited IYT group leader in 2021 and will be facilitating Incredible Years Autism programmes this year.



Bryan Leilua - IYT Acc Group Leader

Talofa! My name is Bryan Leilua and I am a NZ born Samoan. I am a loving husband and proud father of four beautiful children and three grandchildren. I have taught for twenty plus years in the Primary sector and I am currently in my seventh year as a Resource Teacher: Learning and Behaviour. I am the leader of our Pacific team, Fetū o le Moana. I love the Incredible Years Programmes and I have enjoyed Incredible Years as both a participant and a facilitator.



Caroline McGlinchy

Kia ora koutou, Ko Caroline McGlinchy toku ingoa. I have worked in education for the last 35 years, working across all ages from early childhood to adult education. Over this time I have focused on a multitude of areas from art and creativity, childbirth and early parenting, and emotional regulation. Through these experiences I have honed my skills of facilitation and collaborative learning. Within the Incredible Years umbrella I am trained in IYP, IYP-A, Small Group Dino school and Incredible Beginnings. I am currently involved in delivering a wrap around project in Te Whanganui-a-Tara/Wellington that is based in a school and delivers IY Programmes with the parents, teachers, and children.

I'm also a mother, a partner, a student, a creator of art and a huge advocate for parents and children.



One of the things I have learnt over the years in education is that having fun is an integral part of the learning process. Let's play!

Presenters

Aleksandra Alagh

Kia ora koutou, Ko Te Whanganui a Tara te kainga. Ko Aleksandra Alagh toku ingoa.

I am a mama, educator, artist and advocate for children and their whānau. I have worked in education for the last 25+ years, working with all ages from early childhood to adult education in Croatia/Europe and New Zealand. I have combined my passion for art and creativity and working with others to enhance and focus on engaging and encouraging individuals to use art and creativity as a tool to improve or restore a sense of well-being, connect with themselves, and express their emotions.



I am trained in Small Group Dino school and am currently involved in delivering the wrap-around project in Wellington that is based in a school and delivers IY programmes with the parents, teachers and children. I am co-delivering a children's therapeutic programme Dina Dinosaur school and I love working with puppets. I have recently completed a postgraduate in Creative Art Therapy at Whitecliffe College of Arts and Design and looking forward to studying Masters.

I am also a Garden to Table programme specialist, in this programme children are empowered to learn how to grow, harvest, prepare and share food.

My passion is to embrace each child for who they are, provide opportunities for learning through exploration and curiosity, and most of all have fun and play.

Tēnā tātou katoa.

Amanda Hita - IYP Acc Group Leader

My name is Amanda Hita, more commonly known as Mandy. I am a Māmā of four amazing successful children who have blessed me with being a Nanny of ten ātaahua mokopuna!

I worked at Peterhead Primary School in Flaxmere as a Teacher Aide for 20 years as a single Māmā while raising my children and then helping to care for my mokopuna as their parents returned to work. In the last four years I have worked as an accredited Incredible Years facilitator at Te Taiwhenua o Heretaunga and recently in the last year become the Manager of our Tairora Community.



As we are a kaupapa māori NGO, we deliver the Incredible Years Parent Programme from a Te Aō Māori perspective.

My passion in life is to help our people to succeed in life and have better outcomes for their own tamariki, whānau, and the many generations to come.

Forum Evaluation

Please complete this survey so that we can see how the forum was of benefit, and how we can improve in the years to come.

The survey opens midday Thursday 15 June (Day 1)



How to scan:

Open your device's camera or QR app and hover over the icon above.

This will prompt access to the evaluation link:

<https://www.surveymonkey.com/r/15-16JuneIYForum-Overall>

Peer Coaches

If you would like to arrange peer coaching, please feel free to contact one of the peer coaches listed below through your regional PB4L Advisor.

REGION	PROGRAMMES	REGION	PROGRAMMES
AUCKLAND		TARANAKI / WHANGANUI / MANAWATU	
Jennifer Browne	IYP	Di Thomas	IYP
Joleen Millward	IYP	Elaine Nicholls	IYP
Julia Langford	IYP	Michelle Wood	IYP
Tania Anstiss	IYP / IYP-A	Adrienne Ansley	IYT
Tiama Solomona	IYP / IYT	Cary Hartley	IYT
Amanda Bell	IYT	Emma Henderson	IYT
Kavita Baluja	IYT	Anna Dickson	IYT / IYT-A
Marie Lawrence	IYT	Kim Thomson	IYT / IYT-A
Neena Chawla	IYT	WAIARIKI	
Wendy Florence	IYT	Eva Corson	IYP
CANTERBURY		Marjorie Douglas	IYP
Anna Mowat	IYP	Dianne Lees	IYP / IYP-A
Liz Munro	IYP	Erna Cullen	IYT
Michelle Ramsay	IYP	Lisa Herewini	IYP
Erin Sturman	IYP / IYT	Ruth Palliser	IYP / IYT
Lee Taylor-Burt	IYP / IYT / IYT-A	WAIKATO	
Sheila Russell	IYP / IYT / IYT-A	Rae Blewman	IYP
Lisa Christensen	IYT	Jan Kerr	IYP / IYT
Lyn Grigor	IYT	Linda Terry	IYP / IYT
HAWKES BAY		Sandra Pickering	IYT
Suzanne Blair	IYT	Lisa Herewini	IYP
Jens Andersen	IYT / IYP	Ruth Palliser	IYP / IYT
Michele Jones	IYT / IYP	Andrea Duthie	IYT
NELSON / MARLBOROUGH / WEST COAST		WELLINGTON	
Phillipa Adams	IYP	Diana Linforth-Howden	IYP
Brenda Holdaway	IYT	Lucy Gregory	IYP / IYP-A
Fiona Young	IYT	Cathy Sheppard	IYT
TE TAI TOKERAU		Lisa Addy	IYT
Cassie Munson	IYP	Janet Dixon	IYT
Eileen Turner	IYP	OTAGO	
Melanie Martin	IYT	Ray Hubac	IYP
		Jo Williamson	IYT

General Information



The IY forum will take place in the new tower of the Jetpark Hotel, Auckland Airport. We have use of the entire ground floor and top floor (5th floor). The main registration area is on the left of the building, and if you'd like to store your bags for the day you can enter on the right-hand side. Please note that the bag storage area is not secure so use of the storage area is at your own risk.

There is plenty of free parking at the venue. Parking is at your own risk.

Floor plan:

